

Altogether  
to Beat  
Cushing's  
Syndrome

giovedì 16 maggio 2013 | Certosa

INTRODUZIONE AL LAVORO DEI GRUPPI DI STUDIO

SESSIONE 2: IL CUSHING ECTOPICO

L'approccio Terapeutico



**VIAGGIO ALLA  
(R)SCOPERTA  
DELLA SINDROME  
DI CUSHING**

seconda edizione

Capri \ 15-18 maggio 2013  
Certosa di San Giacomo  
Hotel della Piccola Marina



**Manuela Albertelli**



Endocrinologia- Dipartimento di Medicina Interna  
Università di Genova

**EAS manifestazioni cliniche aggressive**



**Necessita di terapia aggressiva**



**1° scelta : CHIRURGIA**



**Su primitivo (intento curativo)  
Su metastasi (debulking)**



MA....



## Cushing Syndrome Due to Ectopic Adrenocorticotrophic Hormone Secretion

Jaroslav P. Aniszewski, M.D.,<sup>1</sup> William F. Young Jr., M.D.,<sup>1</sup> Geoffrey B. Thompson, M.D.,<sup>2</sup> Clive S. Grant, M.D.,<sup>2</sup>  
Jon A. van Heerden, M.D.<sup>2</sup> World J. Surg. 25, 934-940, 2001

<sup>1</sup>Division of Endocrinology, Metabolism, Nutrition, and Internal Medicine, Mayo Clinic, 200 First Street SW, Rochester, Minnesota 55905, USA

<sup>2</sup>Division of Gastroenterologic and General Surgery, Mayo Clinic, 200 First Street SW, Rochester, Minnesota 55905, USA

**106 EAS** (tra 1956-1998 Mayo Clinic) **Curative resection in 13 → 12%**

## Cushing's Syndrome Due to Ectopic Corticotropin Secretion: Twenty Years' Experience at the National Institutes of Health

The Journal of Clinical Endocrinology & Metabolism 90(8):4955-4962

Ioannis Ilias, David J. Torpy, Karel Pacak, Nancy Mullen, Robert A. Wesley, and Lynnette K. Nieman

**90 EAS** (tra 1983-2004 NIH) Surgery in 59 su 90 (65%)

**The Ectopic Adrenocorticotrophic Hormone Secretion Syndrome: Features, Diagnosis, Management, and**

**Curative resection in 42 su 90 (47%)** **Curative resection in 26 → 29%**

**Curative resection, primi 6 mesi, 26 su 90 → 29%**

The Journal of Clinical Endocrinology & Metabolism 91(2):371-377

Andrea M. Isidori, Gregory A. Kaltsas, Carlotta Pozza, Vanni Frajese, John Newell-Price, Rodney H. Reznick, Paul J. Jenkins, John P. Monson, Ashley B. Grossman, and G. Michael Besser

**40 EAS** (tra 1969-2001 St. Barth UK) Surgery in 12 su 40 (30%)

**Curative resection in 10 su 40 → 25%**

Miglior outcome nei NET bronchiali

```
graph TD; A[EAS manifestazioni cliniche aggressive] --> B[Necessita di terapia aggressiva]; B --> C[1° scelta : CHIRURGIA]; C --> D["Su primitivo (intento curativo)  
Su metastasi (debulking)"]; C --> E["Sempre quando possibile, ma...  
Metastasi diffuse  
Malattia occulta  
Inoperabilità per altre cause  
% cura e % recidiva  
Fase preoperatoria"]; E --> F[ ]
```

**EAS manifestazioni cliniche aggressive**

**Necessita di terapia aggressiva**

**1° scelta : CHIRURGIA**

**Su primitivo (intento curativo)  
Su metastasi (debulking)**

Sempre quando possibile, ma...  
Metastasi diffuse  
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Inoperabilità per altre cause  
% cura e % recidiva  
Fase preoperatoria

# TERAPIA MEDICA

Ketoconazolo

Aminoglutethimide

Metyrapone

Mitotane

Etomidato **EAS manifestazioni cliniche aggressive**

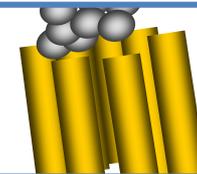
SSA

Pasireotide

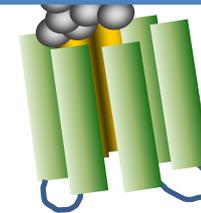
**Necessità di abbassare aggressivamente cortisolemia**

Cabergolina

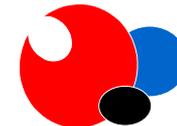
Mifepristone



**sstr**



**DR**



**GR**

## Review Article

# Management Strategies for Aggressive Cushing's Syndrome: From Macroadenomas to Ectopics

Journal of Oncology  
Volume 2012, Article ID 685213,

Carlotta Pozza, Chiara Graziadio, Elisa Giannetta, Andrea Lenzi, and Andrea M. Isidori

TABLE 2: Medical treatments for Cushing's syndrome (in clinical use or investigational).

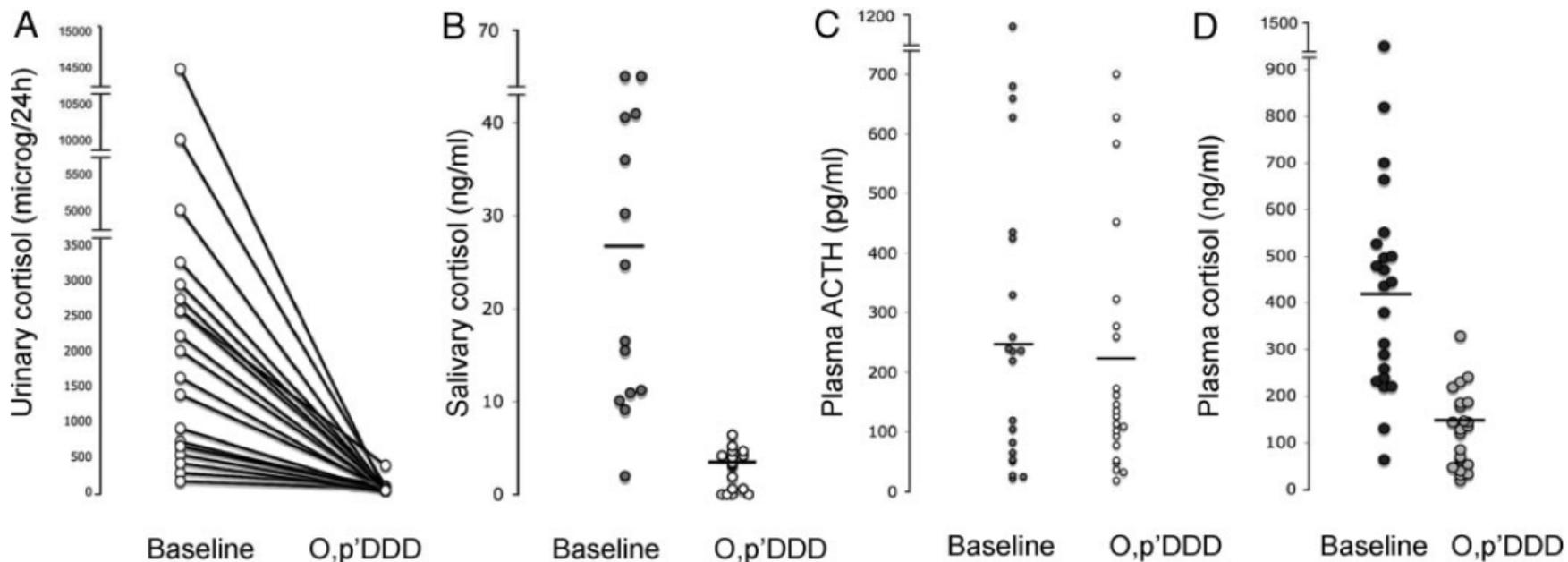
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# Management of Cushing's Syndrome due to Ectopic Adrenocorticotropin Secretion with 1,Ortho-1, Para'-Dichloro-Diphenyl-Dichloro-Ethane: Findings in 23 Patients from a Single Center

J Clin Endocrinol Metab, February 2010, 95(2):537-544

Bruno Donadille, Lionel Groussin, Charlotte Waintrop, Halim Abbas, Florence Tenenbaum, Marie-Annick Dugué, Joël Coste, Xavier Bertagna, and Jérôme Bertherat

23 EAS Parigi 1990-2006 Mitotane 2-4.5 g/die, dosaggio mitotanemia  
21 su 23 normalizzato UFC, *side effects* gastro e neurologici



**FIG. 1.** Hormonal response in patients receiving O,p'DDD. Twenty-four-hour urinary cortisol (A), early morning salivary cortisol (B), early morning plasma ACTH (C), and early morning plasma cortisol (D) at baseline (*left panels*) and during O,p'DDD treatment (*right panels*).

## Review Article

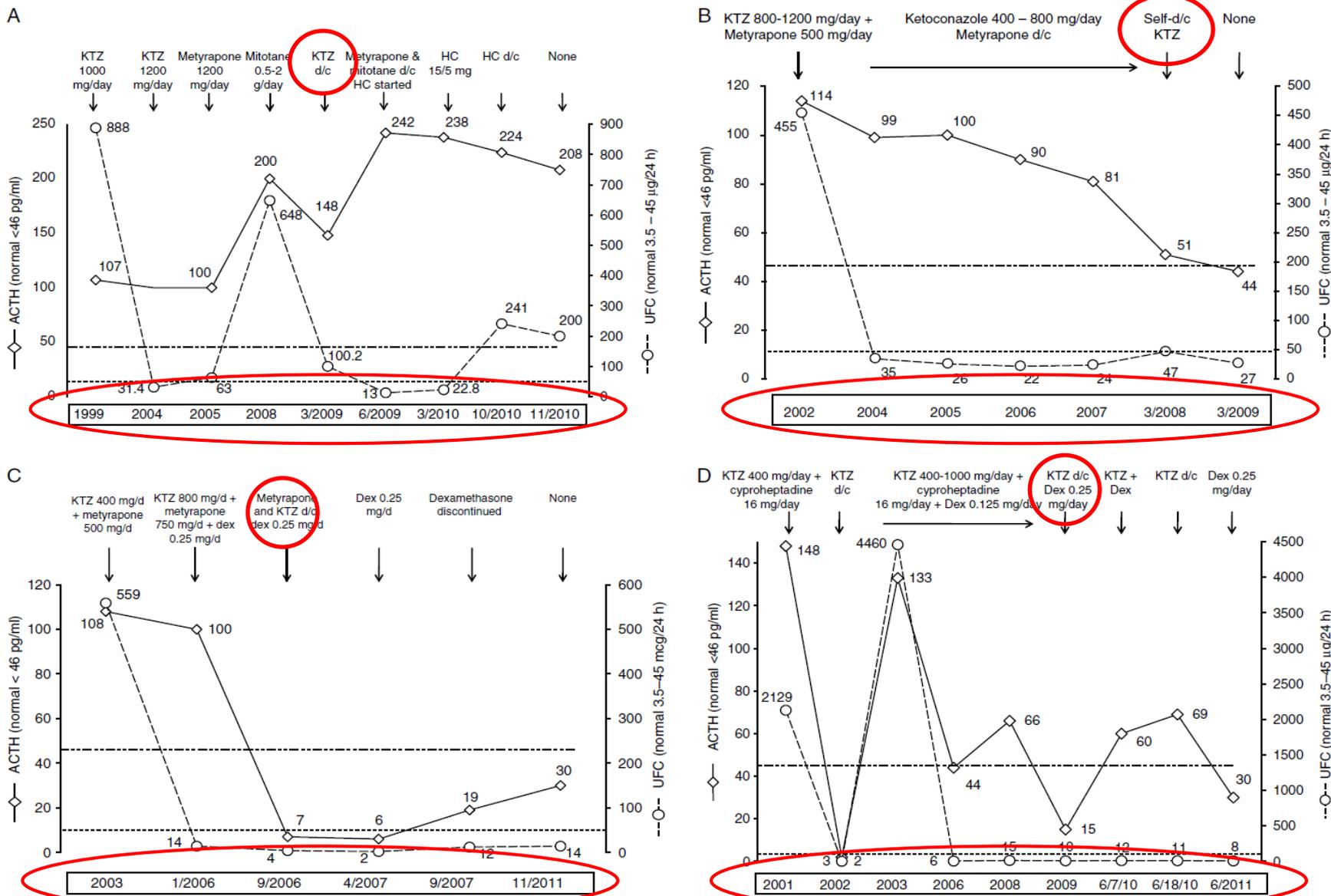
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**Figure 1** (A–D) Twenty-four hour urinary free cortisol (UFC) and ACTH levels over time in (A) case 1, (B) case 2, (C) case 3, and (D) case 4. The X-axis represents time. The primary Y-axis shows ACTH levels (pg/ml) and the secondary Y-axis shows UFC levels (µg/24 h). To convert ACTH level to picomoles per liter, multiply by 0.2202. To convert UFC level to nanomoles per day, multiply by 2.759. The dashed line represents the upper limit of normal for the ACTH assay (46 pg/ml). The dotted line represents the upper limit of normal for UFC (45 µg/24 h). Values where the reference ranges were different have been adjusted for the purpose of combined graphical representation. KTZ, ketoconazole; HC, hydrocortisone; d/c, discontinued; dex, dexamethasone.

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# Mitotane, Metyrapone, and Ketoconazole Combination Therapy as an Alternative to Rescue Adrenalectomy for Severe ACTH-Dependent Cushing's Syndrome

Peter Kamenický, Céline Droumaguet, Sylvie Salenave, Anne Blanchard, Christel Jublanc, Jean-François Gautier, Sylvie Brailly-Tabard, Sophie Leboulleux, Martin Schlumberger, Eric Baudin, Philippe Chanson, and Jacques Young

TABLE 2

Patient
1
2
3
4
5
6
7
8
9
10
11

CD, Cushin

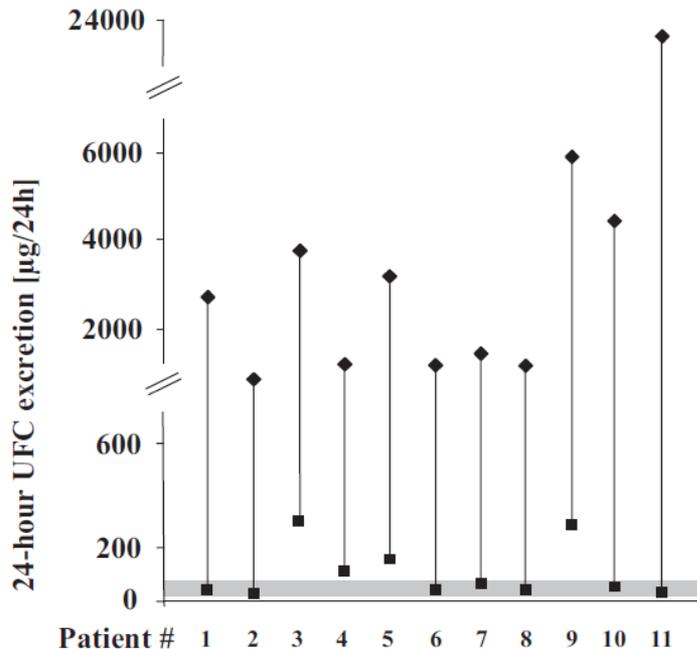


FIG. 2. UFC levels in each of our 11 patients before and 1–3 d after the initiation of triple therapy (see text for details). The gray area indicates the normal range of UFC excretion (10–65 µg/24 h) determined in 24-h urine specimens from 120 healthy volunteers. ♦, Baseline UFC excretion (each value is the average of individual determinations in three consecutive daily urine samples); ■, UFC excretion on triple therapy.

nt, and treatment outcomes

Duration of mitotane therapy (months)	Follow-up (months)	Outcome
27	42	Surgery, remission
3	14	Surgery, remission
3	14	Surgery, remission
3	25	Surgery, remission
13	19	Mitotane
	6	Death (respiratory distress)
2	35	Surgery, remission
10	14	Death (tumor progression)
	1	Death (myocardial infarction)
	4	Death (tumor progression)
	6	Surgery, remission

UFC normalizzato in tutti i pazienti nei primi 3 gg di trattamento

For details, see text.

g/24 h, Ketokonazole 400-1200 mg/24 h

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ORIGINAL

# Clinical features and management of ectopic ACTH syndrome at a single institute in Japan

Masaru Doi, Toru Sugiyama, Hajime Izumiyama, Takanobu Yoshimoto and Yukio Hirata

## 16 EAS Tokyo Medical University Hospital 1992-2009 Metyrapone 0.75-3 g/day

**Table 2** Multidisciplinary treatment and clinical outcome in 16 EAS patients at TMDU Hospital  
Occult/unknown EAS (n=6)

Case #	Medical therapy	Cortisol (µg/dL)	Follow-up (month)	Outcome
11	Met (0.75g/day)	0.2	92	alive
12	Met (2.25g/day)	0.44	42	alive
13	Met (0.75g/day)	11.1	127	alive
14	Met (0.75g/day)	5.4	36	alive
15	Met (1.5g/day), Mit (2g/day)	5.9	65	alive
16	Met (1.25g/day)	0.51	43	alive
		3.9±4.4	67.5±28	

ChT:chemotherapy, Met:metyrapone, Mit:mitotane, Oct:octreotide, Tx:tumor resection, Rad:radiation, TAE: transcatheter arterial embolization, TAI: transcatheter arterial infusion LTx; liver transplantation, Hypox: hypophysectomy, Adx: adrenalectomy, Thymex: thymectomy

10 11月 1992年

11月 1992年

200

alive

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## CLINICAL STUDY

**Merits and pitfalls of mifepristone in Cushing's syndrome**

F Castinetti, M Fassnacht<sup>1</sup>, S Johanssen<sup>1</sup>, M Terzolo<sup>2</sup>, P Bouchard<sup>3</sup>, P Chanson<sup>4</sup>, C Do Cao<sup>5</sup>, I Morange, A Picó<sup>6</sup>, S Ouzounian<sup>3</sup>, J Young<sup>4</sup>, S Hahner<sup>1</sup>, T Brue, B Allolio<sup>1</sup> and B Conte-Devolx

**Table 3** Efficacy and adverse effects of mifepristone in the 21 patients of the literature.

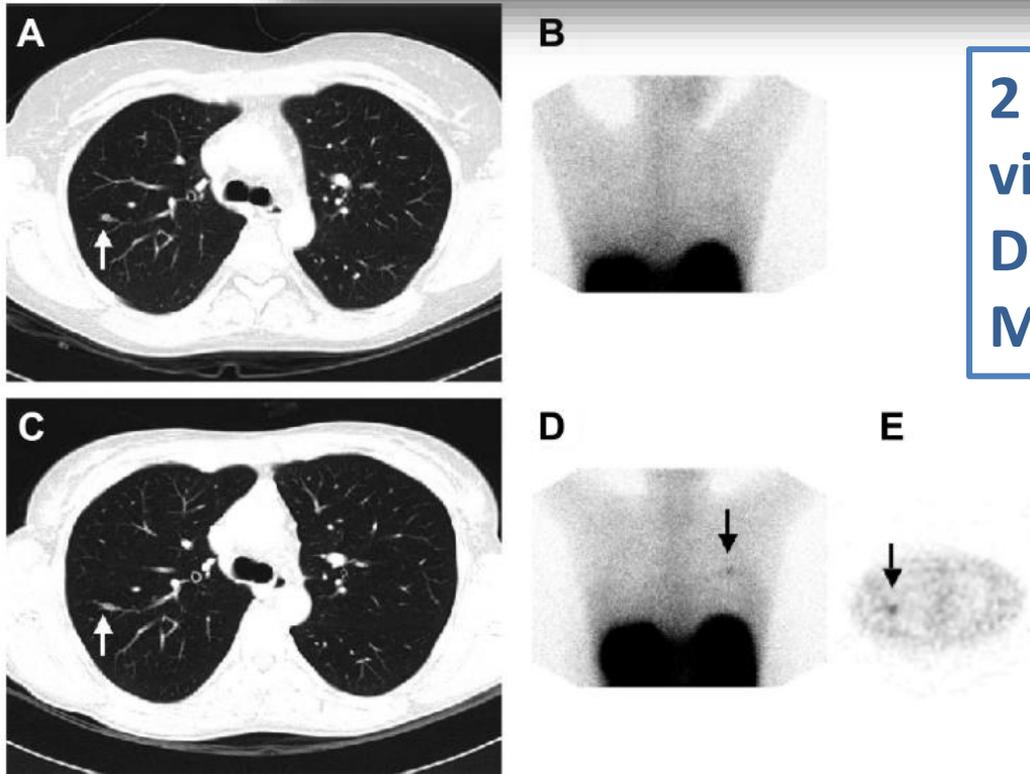
		Sex/age	Etiology	Dose	Duration	Clinical improvement	Adverse effects
	1	F/45	ACC	5–22 mg/kg	2	Yes	
1	2	F/32	ACC	400	2	Yes	
2	3	F/NA	ACC	30–20 mg/kg	4	Yes	Vaginal bleeding, hypoglycemia, water retention
3							
4	4	M/62	ACC	400	9	Yes	
5	5	M/43	ACC	800–400	0.5	Yes	Hypoglycemic episodes, increase in eosinophils
6							
7	6	M/36	EAS	5–22 mg/kg	10	Yes	Hashimoto thyroiditis, gynecomastia, impotence, inhibition of cortisol synthesis
8							
9							
10	7	M/42	EAS	5–22 mg/kg	12	Yes	Nausea, gynecomastia
11	8	F/63	EAS	5–22 mg/kg	4	Yes	Adrenal insufficiency
12	9	F/55	EAS	5–22 mg/kg	2.25	Yes	
	10	F/46	EAS	800–1600	0.3	Yes	
13	11	M/25	EAS	5–20 mg/kg	2.25	Yes	
14	12	F/2	EAS	25–100 thrice/day	2	Yes	
15	13	F/43	EAS	600	2	Yes	Hypokalemia, myelemia
16							
17	14	F/38	EAS	800	10	Yes	
18	15	F/38	AA	5–22 mg/kg	1.5	Yes	Nausea
19	16	M/51	CD	400–2000	18	Yes	Severe hypokaliemia, adrenal crisis
20							
21							

**Metanalisi dalla letteratura con 9 casi di EAS trattati con mifepristone, con beneficio**

# Mifepristone Effects on Tumor Somatostatin Receptor Expression in Two Patients with Cushing's Syndrome due to Ectopic Adrenocorticotropin Secretion

C. de Bruin, L. J. Hofland, L. K. Nieman, P. M. van Koetsveld, A. M. Waaijers, D. M. Sprij-Mooij, M. van Essen, S. W. J. Lamberts, W. W. de Herder, and R. A. Feelders

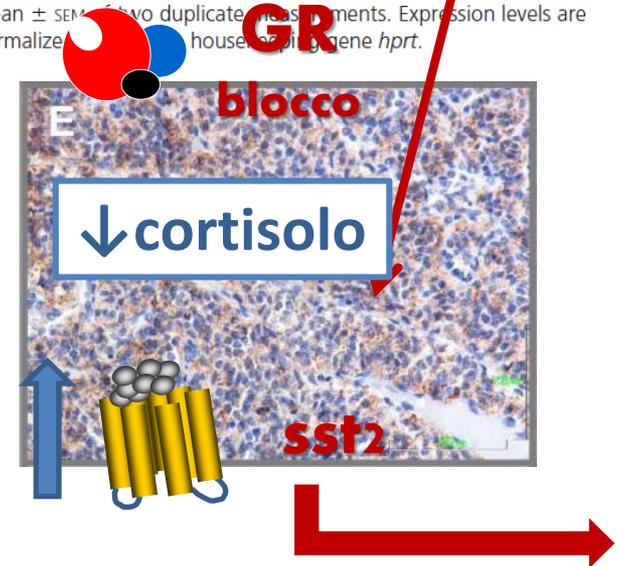
J Clin Endocrinol Metab, February 2012, 97(2):455–462



**FIG. 1.** [ $^{111}\text{In}$ -DTPA $^0$ ]octreotide and CT imaging results in patient 1 before (A and B) and after 6 months of therapy with mifepristone (C–E). Before therapy was initiated, a CT scan (A) shows a small round nodule in the right upper lung (white arrow), which is not visible at the [ $^{111}\text{In}$ -DTPA $^0$ ]octreotide scan (B). After 6 months of therapy, the CT scan shows the same lesion (white arrow) within the upper lobe of the right lung (C). At that time a repeat [ $^{111}\text{In}$ -DTPA $^0$ ]octreotide scan shows pathological uptake at the site of the lesions (D and E; black arrows).

2 EAS da Carcinoidi Bronchiali visibili all'Octreoscan solo DOPO trattamento con Mifepristone 400-800 mg/die

**FIG. 3.** Somatostatin and dopamine receptor mRNA subtype expression in carcinoid tissue of patient 1. Values represent the mean  $\pm$  SEM of two duplicate measurements. Expression levels are normalized to housekeeping gene *hprt*.



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# Dopamine Receptor Expression and Function in Corticotroph Ectopic Tumors

The Journal of Clinical Endocrinology & Metabolism 92(1):65–69

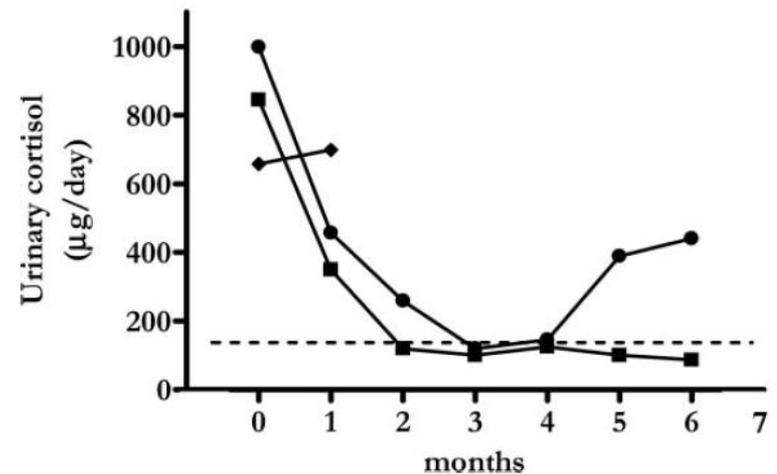
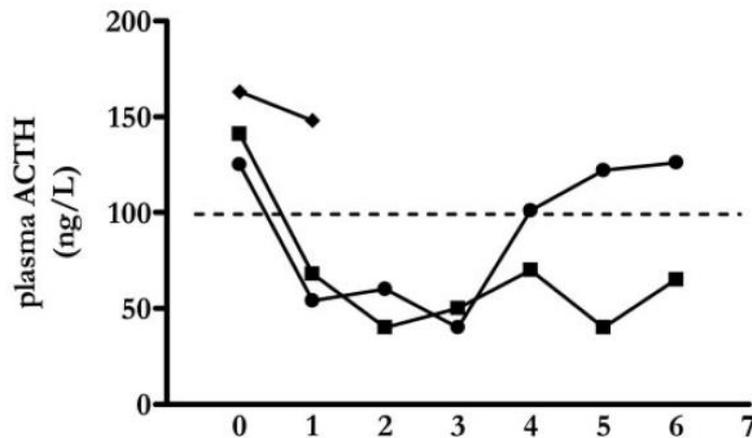
Rosario Pivonello, Diego Ferone, Wouter W. de Herder, Antongiulio Faggiano, Lisa Bodei, Ronald R. de Krijger, Gaetano Lombardi, Annamaria Colao, Steven W. J. Lamberts, and Leo J. Hofland

**TABLE 1.** Histological diagnosis, IHC, and RT-PCR results in the ACTH-secreting tumors deriving from patients with EAS

Cases	Histology	IHC			RT-PCR						
		Chromogranin	ACTH	D <sub>2</sub>	D <sub>1</sub>	D <sub>2</sub>	D <sub>2</sub> isoforms	D <sub>2</sub> number <sup>a</sup>	D <sub>3</sub>	D <sub>4</sub>	D <sub>5</sub>
1	Lung carcinoid	+++	+++	+++	–	+	S/L	0.16	–	+	–
2	Lung carcinoid	++	+	++	–	+	L	0.08	–	+	–
3	Lung carcinoid	++	++	+	–	+	L	0.07	–	–	–
4	Lung carcinoid	++	+	+++	nd	nd	nd	nd	nd	nd	nd
5	Thymic carcinoid	++	++	+	nd	nd	nd	nd	nd	nd	nd
6	Pancreatic carcinoid	++	+	–	nd	nd	nd	nd	nd	nd	nd

IHC: +, weakly positive; ++, moderately positive; +++, strongly positive; –, negative; RT-PCR: +, positive; –, negative; S, short isoform; L, long isoform; nd, not determined.

<sup>a</sup> The D<sub>2</sub> receptor has been explained as the ratio between the number of copy of messenger RNA of D<sub>2</sub> and the number of copy of mRNA of HPRT. The D<sub>2</sub> number in five cases of ACTH-secreting pituitary tumors, used as controls, was  $1.57 \pm 1.10$  (range, 0.09–6.0).



# Cabergoline plus Lanreotide for Ectopic Cushing's Syndrome

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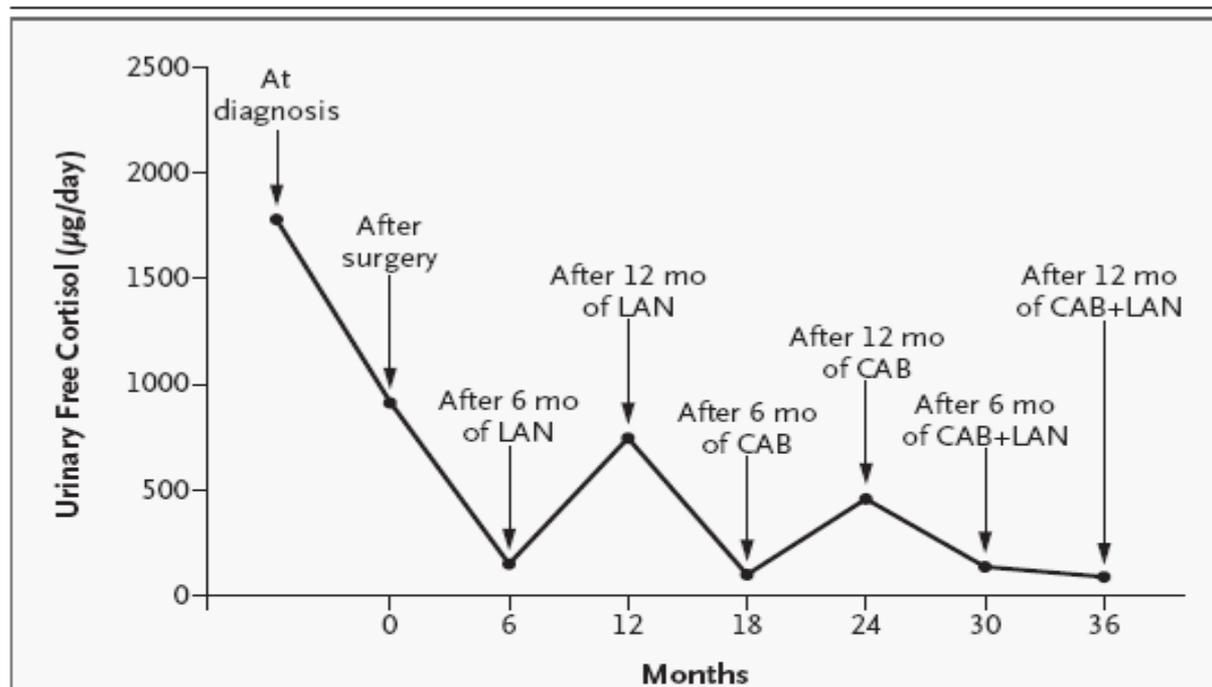
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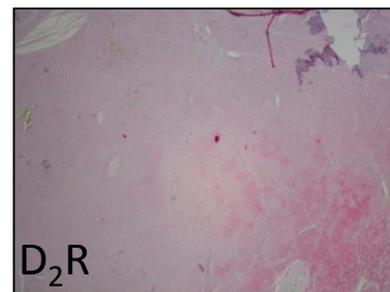
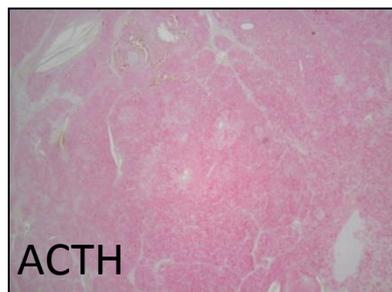
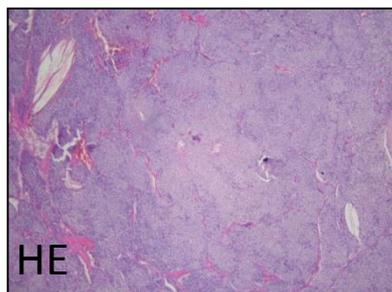
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**Figure 1.** Urinary Cortisol Levels after Various Treatments in a Patient with the Ectopic Corticotropin Syndrome Associated with a Corticotropin-Secreting Lung Carcinoid.

LAN denotes lanreotide, and CAB cabergoline.



## Neuroendocrine bronchial and thymic tumors: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up<sup>†</sup>

K. Öberg<sup>1</sup>, P. Hellman<sup>2</sup>, P. Ferolla<sup>3</sup> & M. Papotti<sup>4</sup>, on behalf of the ESMO Guidelines Working Group\*

**Streptozotocina + 5FU  
+ DOX**

**Cisplatino- Etoposide**

**Cyclofosfamide-DOX-Vincristina**

**URGIA**



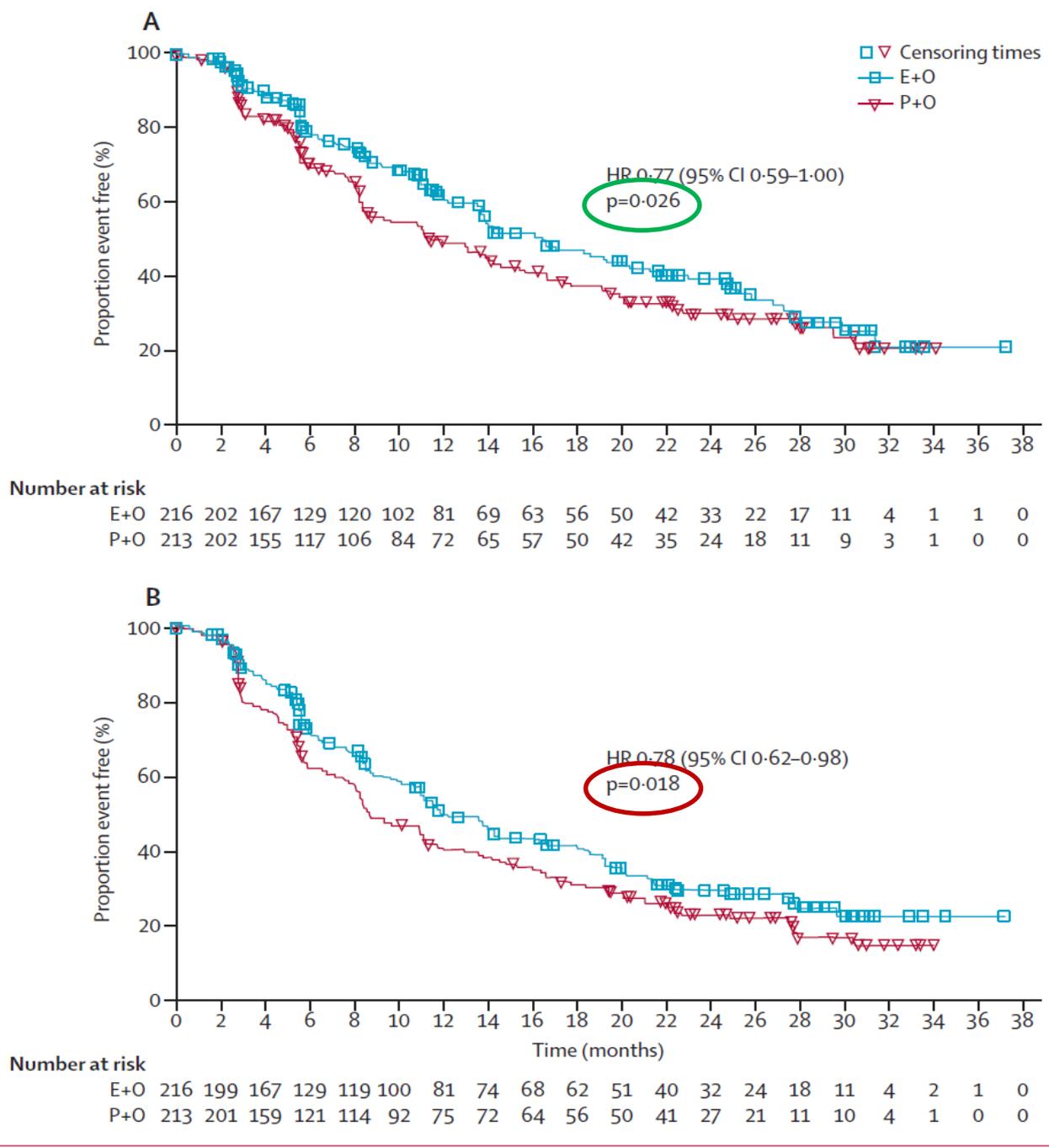
Sempre quando possibile, ma...  
Metastasi diffuse

... “In general, chemotherapy results are discouraging and survival data have to be interpreted with caution. No randomized trials have been performed that could guide the treatment.”

# Everolimus treatment with capecitabine placebo

- Median age
- Number of
- Number of
- Primary site
- Small intestine
- Lung**
- Colon
- Pancreas
- Liver
- Other
- Missing

Cellular  
Lung  
Age  
<6  
≥6  
Tumor  
Weight  
Metastatic  
Primary  
Site  
Lung  
Colon  
Other  
Primary  
Yes  
No  
Pre  
Yes  
No



months)

P+O

11.3

8.6

13.0

11.0

-12

13.0

7.5

reotide  
(13)

14.0

5.6

13.0

11.0

11.1

13.6

8.7

12.0

Figure 2: Kaplan-Meier plots of progression-free events

# Temozolomide as Monotherapy Is Effective in Treatment of Advanced Malignant Neuroendocrine Tumors

Sara Ekeblad,<sup>1</sup> Anders Sundin,<sup>2</sup> Eva Tiensuu Janson,<sup>1</sup> Staffan Welin,<sup>1</sup> Dan Granberg,<sup>1</sup> Henrik Kindmark,<sup>1</sup> Kristina Dunder,<sup>1</sup> Gordana Kozlovacki,<sup>1</sup> Håkan Örlfors,<sup>1</sup> Mattias Sigurd,<sup>1</sup> Kjell Öberg,<sup>1</sup> Barbro Eriksson,<sup>1</sup> and Britt Skogseid<sup>1</sup>

**PR o SD**  
**Bronchial Carcinoids 62%**  
**Thymic Carcinoids 71%**

**Table 4.** Radiologic response

	All patients (N = 36)	EPT (n = 12)	Bronchial carcinoids (n = 13)	Thymic carcinoids (n = 7)	Other (n = 4)
Complete response	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)
Partial response	5 (14%)	1 (8%)	4 (31%)	0 (0%)	0 (0%)
Stable disease	19 (53%)	8 (67%)	4 (31%)	5 (71%)	2 (50%)
Progressive disease	12 (33%)	3 (25%)	5 (38%)	2 (29%)	2 (50%)

# EAS manifestazioni cliniche aggressive



Necessita di terapia aggressiva



**SSA**

**CT**

-Streptozotocina+5 FU

-Temozolomide

-Capecitabina

-Cisplatino+Etoposide (high proliferating tumors)

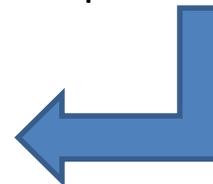
**Inibitori mTOR (everolimus RADIANT-2)**

**Radiofrequenza**

**Embolizzazione Chemicembolizzazione**

**P Surrenectomia Bilaterale**

pre quando possibile, ma...  
astasi diffuse  
ttia occulta  
erabilità per altre cause  
ra e % recidiva  
preoperatoria



# CONCLUSIONI

**Malattia aggressiva che necessita di approccio terapeutico altrettanto aggressivo.  
La chirurgia da eseguire sempre quando possibile: curativa o palliativa.  
Importante ruolo ancora per la surrenectomia bilaterale in EAS.**

**Terapia medica ruolo fondamentale nel controllo ipercortisolemia e miglioramento della sindrome, che deve avvenire al più presto.  
Spesso associazioni di diverse molecole, inibitori della steroidogenesi, agonisti, antagonisti recettoriali, anche se necessari ulteriori studi per efficacia e dosaggi.**

**La terapia medica, che controlla la sindrome, consente di ristadiare il paziente nel tempo, portando in alcuni casi all'identificazione della fonte occulta dell'EAS**

**L'approccio terapeutico all'EAS deve essere quello della "Tailored Therapy", valutando le caratteristiche di ogni singolo paziente, la potenziale efficacia clinica dei farmaci e i loro effetti collaterali.**





# Grazie per l'attenzione!

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