

Altogether
to Beat
Cushing's
Syndrome



Viaggio alla
(ri)scoperta
della Sindrome
di Cushing
Quarta Edizione

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Hotel S. Lucia

THE COMBINED THERAPY IN CUSHING'S DISEASE

Pasireotide and Cabergoline

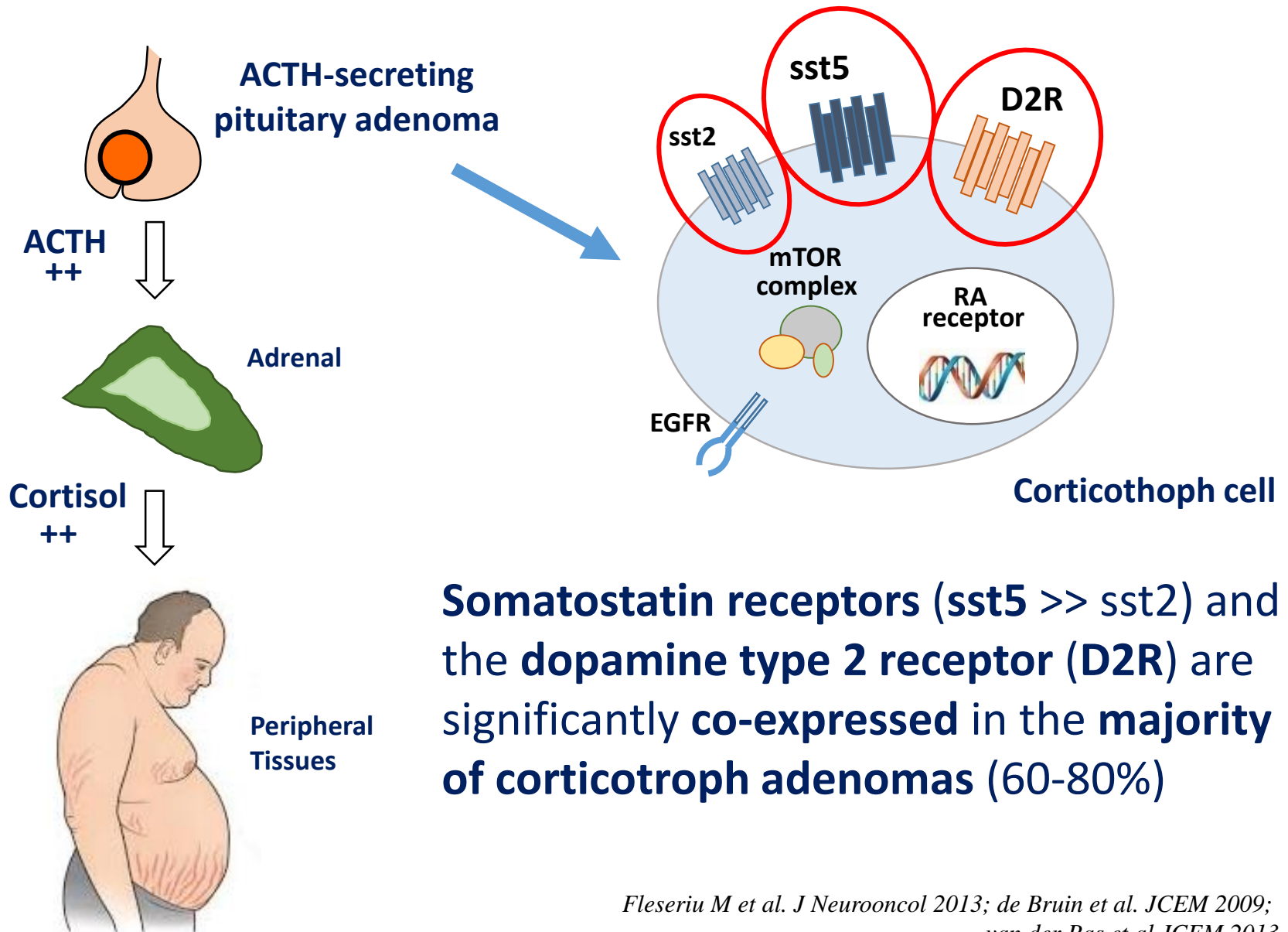


Federico Gatto



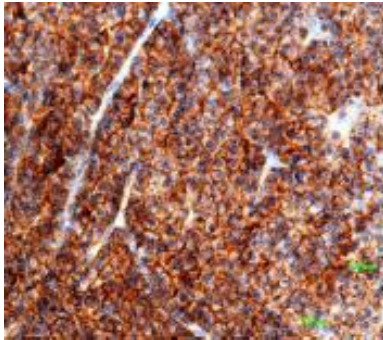
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Pathophysiological Background

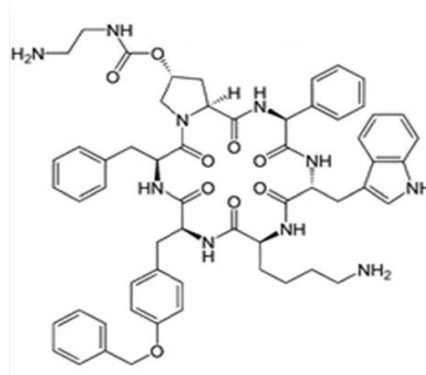


Pathophysiological Background

sst5



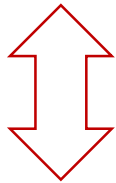
Pasireotide



Somatostatin receptors'
panligand

Sst5 > sst2 > sst3 > sst1

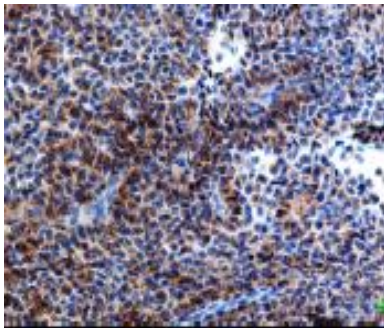
Binding affinity in the
(sub)nanomolar range



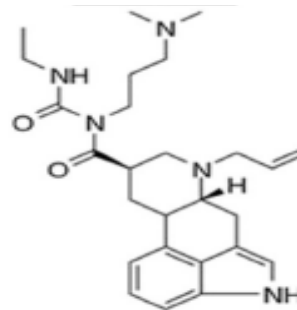
Receptor cross-talk/hetero-dimerization →

possible enhanced
pharmacological effects

D2R



Cabergoline



Dopamine agonist
(D2R selective binding affinity)

63-69 hrs plasma half-life, good
safety profile

IC₅₀ for D2R about 10-fold higher
compared to Bromocriptine

Cabergoline and Cushing's Disease

Pivonello 2009 ²⁸	Prospective, single centre	20	CD unsuccessfully treated with surgery	1 mg/week, monthly increment of 1 mg to a maximum of <u>7 mg/week</u>	24-h UFC at or below the ULN [normal range: 97–372 nmol/l (35–135 ng/ml)]	3 months (predefined) 12 months (predefined) 24 months (predefined)	35% 50% 40%
Godbout 2010 ²⁶	Retrospective, multicentre	30	CD unsuccessfully treated with surgery (<i>n</i> = 27) and primary treatment with cabergoline (<i>n</i> = 3)	0.5–1 mg/week titrated to maximum <u>6 mg/week</u>	UFC normalization (reference range not given)	3–6 months 12– 60 months	37% 30%
Lila 2010 ²⁷	Prospective, single centre	18	CD unsuccessfully treated with surgery	1 mg/week, monthly increment of 1 mg to maximum dose of <u>5 mg/week</u>	Midnight serum cortisol <138 nmol/l (50 ng/ml) or low-dose dexamethasone suppression serum cortisol <50 nmol/l (18 ng/ml)	5 months (predefined) 12 months (predefined)	28% 22%
Vilar 2010 ²⁹	Prospective, single centre	12	CD unsuccessfully treated with surgery	<u>2–3 mg/week</u>	24-h UFC within the normal range [28–248 nmol/l (10–90 ng/ml)]	6 months (predefined)	25%

Few clinical studies (3/4 prospective) in patients mainly treated after uncessfull surgery, with variable dose titration and follow-up (3-60 months)

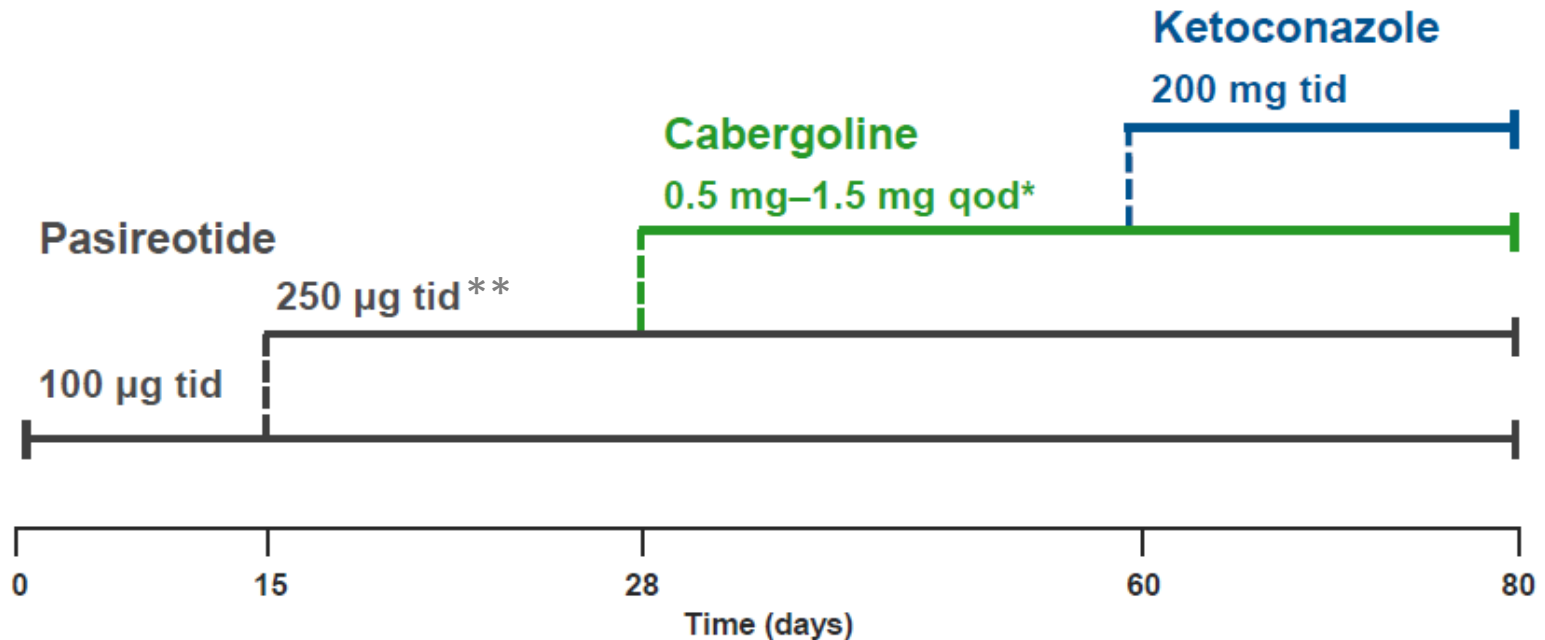
Response rate: 25 - 50%

Pasireotide and Cabergoline

Pasireotide Alone or with Cabergoline and Ketoconazole in Cushing's Disease

Richard A. Feelders, M.D., Ph.D.

Prospective, open-label, multicentre study to assess the efficacy of **pasireotide alone** and following **sequential addition of cabergoline (and ketoconazole)** in 17 patients with uncontrolled CD

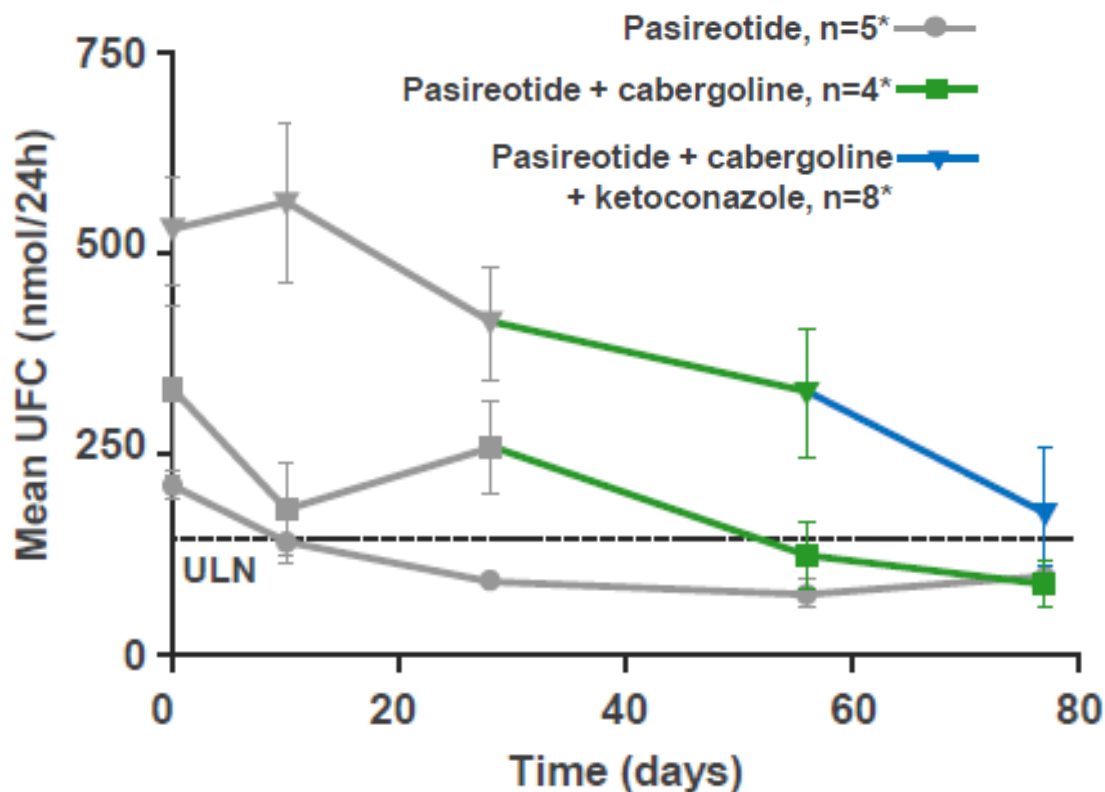


***Cabergoline** was initiated at a dose of 0.5 mg qod and increased to 1 mg qod and 1.5 mg qod after 5 and 10 days, respectively (max dose 4.5 - 6 mg/week)

****Pasireotide** max dose 750 µg/daily

Pasireotide Alone or with Cabergoline and Ketoconazole in Cushing's Disease

Richard A. Feelders, M.D., Ph.D.



UFC normalization
(primary end point)

Pasireotide : 5/17 (29%)

Pasireotide + Cabergoline : 9/17 (29% + 24%)

54%

Pasireotide + Cabergoline + Ketoconazole : 15/17 (54% + 34%)

88%

Clinical features (e.g. blood pressure, waist circumference, weight) of CD **also improved**

Glycated hemoglobin level raised from $5.8 \pm 0.2\%$ (basal) to $6.7 \pm 0.3\%$ (study end),
less compared to the Pasireotide Phase III Study (7.2 - 7.4%)

Pasireotide and Cabergoline

- Glucose homeostasis -

Pasireotide Phase III Study: “The most frequently reported grade 3 or 4 adverse events were hyperglycemia and diabetes mellitus, occurring in 13% and 7% of patients, respectively”

Colao et al. NEJM 2012

Disruption of the Dopamine D2 Receptor Impairs Insulin Secretion and Causes Glucose Intolerance

Garcia-Tornadù et al. Endocrinology 2010

Randomized Pilot Study of Cabergoline, a Dopamine Receptor Agonist: Effects on Body Weight and Glucose Tolerance in Obese Adults

Gibson et al. Diabetes Obes Metab. 2012

Effect of Cabergoline on Metabolism in Prolactinomas

Auriemma et al. Neuroendocrinology 2013

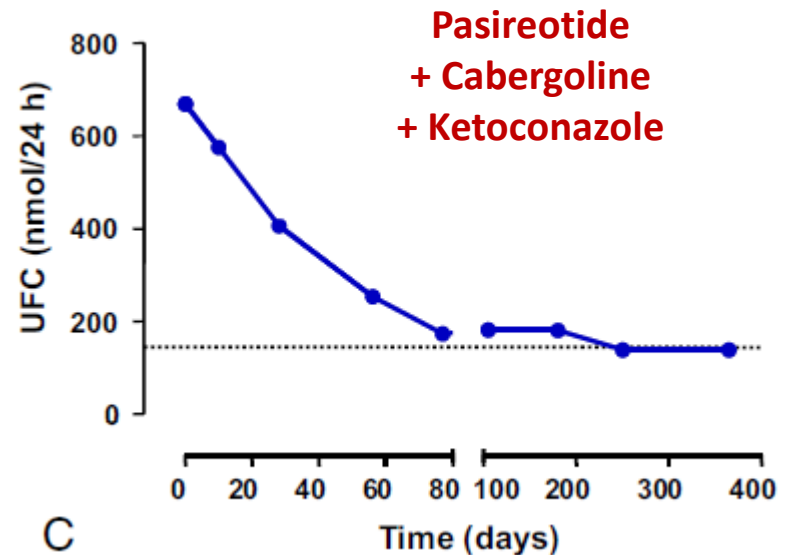
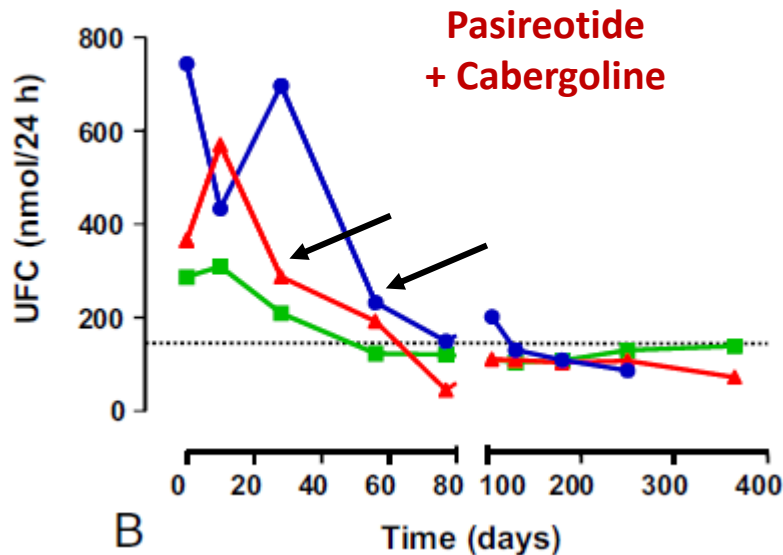
Cushing's Disease?

“Fasting serum glucose and insulin levels, as well as HOMA-IR, significantly decreased; the prevalence of diabetes mellitus and impairment of glucose tolerance changed from 25 and 37.5% at baseline to 10 and 20% after 24 month treatment, respectively”.

Pivonello et al. JCEM 2009

Pasireotide and Cabergoline

Biochemical responses were maintained for more than 1 years with medical combination therapy (extension study)



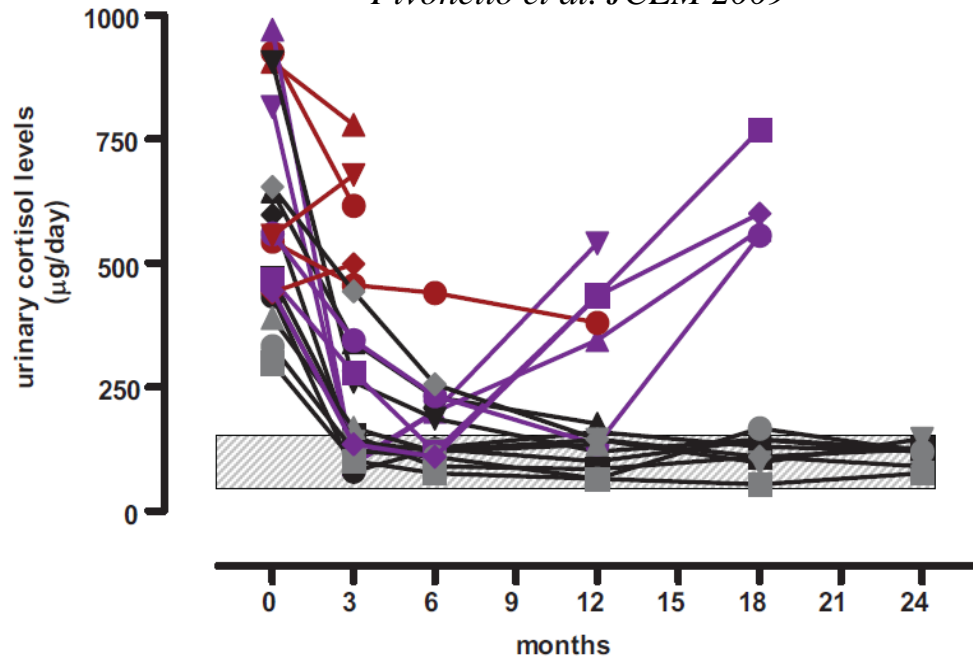
In the two patients represented by the **blue and red curve (black arrows)**, ketoconazole was withdrawn after the regular study period of 80 days, and **combined therapy with Pasireotide and Cabergoline succeeded to maintain normal UFC levels up to 400 days**

Interestingly, **no escape from response was observed** during the core study or extension **for those patients receiving medical combination therapy**

Cabergoline and Cushing's Disease

- Escape from Response-

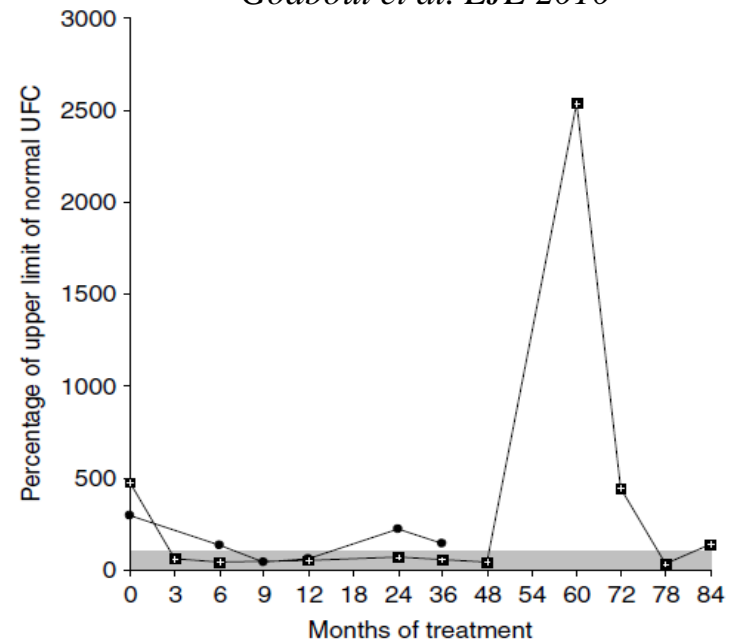
Pivonello et al. JCEM 2009



5/20 (25%) patients - 2 full responders and 3 partial responders - experienced **treatment escape** after **12–18 month treatment**

Interestingly, **in most cases** the authors observed an **early escape** after **reaching normal** (or close to normal) **UFC levels**

Godbout et al. EJE 2010



Escape in 5/30 (17%) patients

Authors observed escape to treatment after **2 and 5 years** in 2 full responders patients



selection and growth of corticotroph cells not expressing high levels of D2R

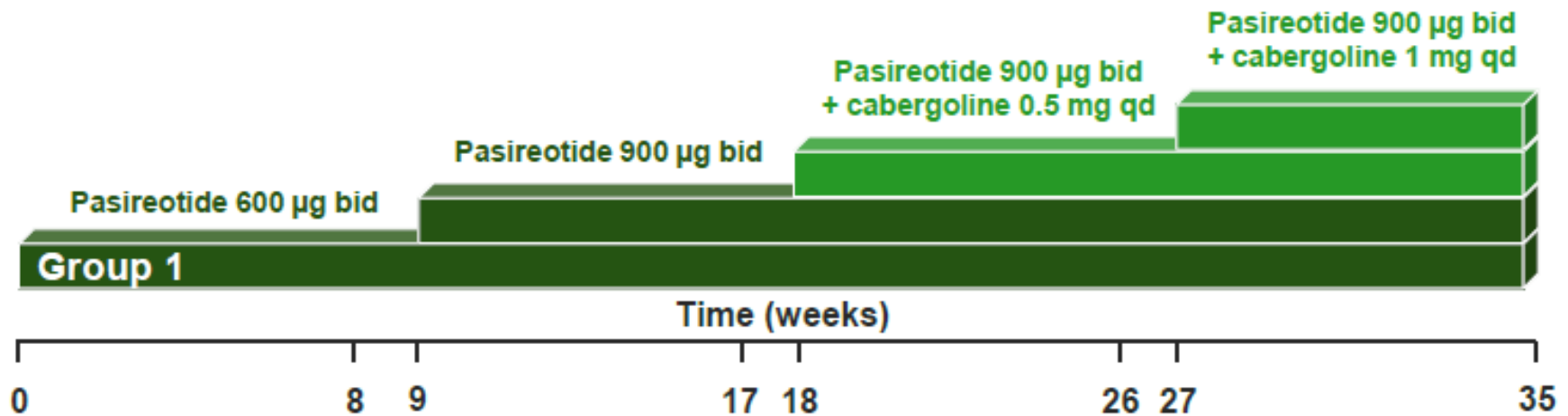
Pasireotide and Cabergoline

Study of the Efficacy and Safety of Pasireotide s.c. +/- Cabergoline in Patients With Cushing's Disease (MACS2125)

Interventional Phase II Study

Group 1: patients who are not treated with pasireotide at screening

Group 2: patients who are currently treated with maximal tolerated doses of pasireotide monotherapy for at least 8 weeks, but still with elevated UFC.



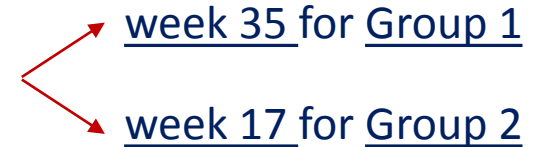
Patients who do not achieve normal UFC at the end of each 8-week treatment period will be up-titrated to the next level of treatment

bid, twice daily; qd, once daily; mUFC, mean UFC

Study of the Efficacy and Safety of Pasireotide s.c. +/- *ClinicalTrials.gov* Cabergoline in Patients With Cushing's Disease (MACS2125)

Primary Outcome Measures:

Proportion of patients who attain **normalization of UFC**



The study will also assess drug safety, changes in QoL and changes on clinical signs and symptoms

Inclusion of patients with **recurrent, persistent** and **newly diagnosed CD**

(**De novo** CD can be included only if they are not considered candidates for pituitary surgery)

Washout periods before screening assessments are performed:

- Inhibitors of steroidogenesis (**ketoconazole, metyrapone**): **1 week**
- Progesterone receptor antagonist (**mifepristone**): **4 weeks**
- **Bromocriptine, cabergoline** and PPAR γ agonists: **4 weeks**
- Octreotide LAR, Lanreotide SR and autogel: 14 weeks; Octreotide s.c.: 1 week
- Pasireotide LAR: 12 weeks; **Pasireotide s.c.: 4 weeks** ;

Special safety assessments: blood glucose, insulin, HbA1c, GH and IGF-1, thyroid and liver function tests, gallbladder examinations and ECGs

CONCLUSIONS

1

The widely described **co-expression of SSTRs** (in particular **sst5**) and **D2R** on corticotroph adenoma cell membrane represent a **strong molecular rationale for the combination therapy with Pasireotide and Cabergoline in Cushing's Disease**

2

Sst5 and D2R co-stimulation may result in a **synergistic effect of the two drugs**, due to the demonstrated receptor **cross-talk on cell membrane**

3

Differently from what observed during monotherapy (in particular for Cabergoline), **combination treatment with Pasireotide and Cabergoline results in a sustained patients' response**, with **no escape showed** up to more than 1 year follow-up

4

Addition of Cabergoline to Pasireotide may result in **beneficial effects** on patients' **glucose homeostasis**

5

Both **Pasireotide and Cabergoline seem to be more effective** in patients with **mild to moderate UFC levels**.

In patients with severe hypercortisolism, starting treatment with steroidogenesis inhibitors or glucocorticoid-receptor antagonist (later on withdrawn) could be a feasible strategy to overcome this possible limitation

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GRAZIE PER L'ATTENZIONE