

Altogether  
to Beat  
Cushing's  
Syndrome



DIPARTIMENTO DI  
MEDICINA CLINICA E CHIRURGIA  
UNIVERSITÀ DEGLI STUDI  
DI NAPOLI FEDERICO II



**Viaggio alla  
(ri)scoperta  
della Sindrome  
di Cushing**

4<sup>a</sup> Edizione / 4<sup>th</sup> Edition

Journey to the (re)discovery of Cushing's Syndrome

Napoli, 5-7 May 2015

Hotel S. Lucia

**Scientific Coordinators**

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# PASIREOTIDE EXPERIENCE: REGISTRATION STUDY VERSUS REAL WORLD EVIDENCE



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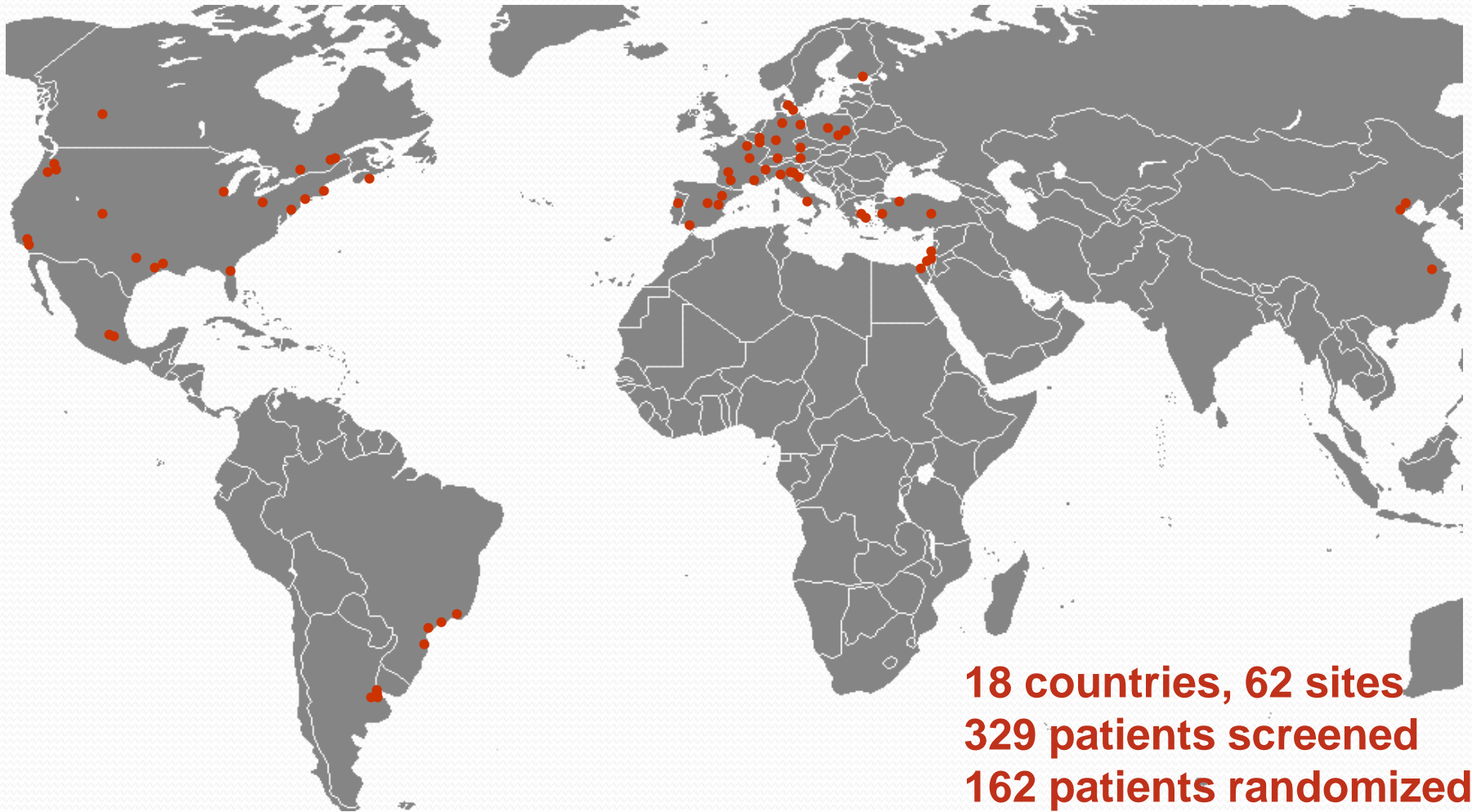
Sezione di Endocrinologia

Università Federico II di Napoli

# Background

- A multimodal treatment strategy, including pituitary surgery, pituitary radiotherapy, adrenal surgery and medical treatment, is often required to obtain a persistent remission or cure
- Medical treatment is based on a limited number of drugs, which are licensed for the treatment of the disease
- Pasireotide is the only authorised pituitary-directed drug with the indication for Cushing's disease, particularly for patients in whom surgery is not an option or failed to induce remission

# CSOMB2305: REGISTRATIVE STUDY



**18 countries, 62 sites**  
**329 patients screened**  
**162 patients randomized**

*Colao A et al. N Engl J Med 2012;366:914-924*

**Argentina, Belgium, Brazil, Canada, China, Denmark, Finland, France, Germany, Greece, Israel, Italy, Mexico, Poland, Portugal, Spain, Turkey, United States**

# REGISTRATIVE STUDY:

## Key Inclusion and Exclusion Criteria

- **Key inclusion criteria**

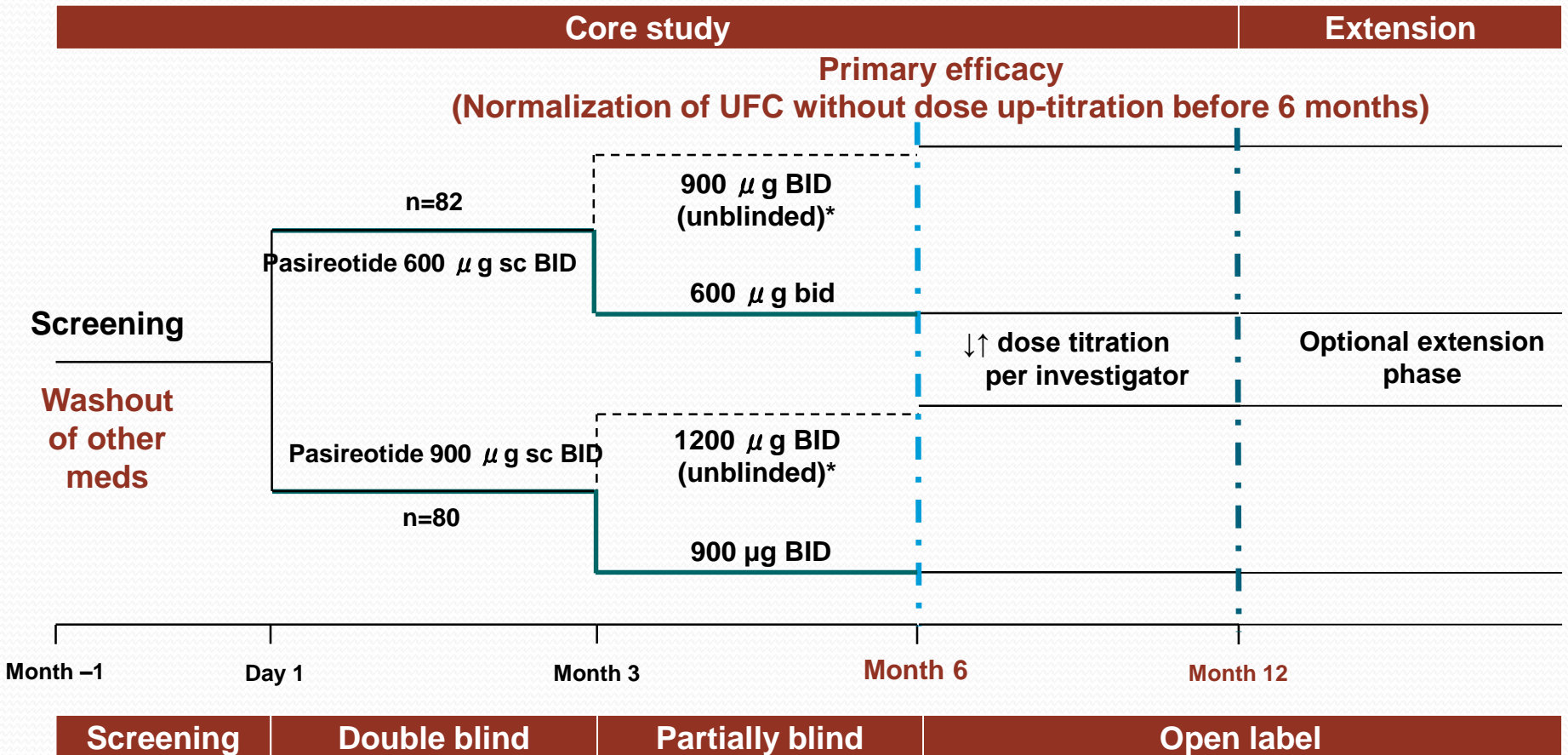
- Male or female patients aged  $\geq 18$  years
- Confirmed persistent/recurrent or de novo Cushing's disease
- **Active Cushing's disease (baseline UFC  $\geq 1.5$ x ULN)**
  - **Mean UFC based on 4 collections**
- De novo Cushing's disease if not a pituitary surgical candidate
  - Poor surgical candidates, surgically unapproachable tumors, refused surgery

- **Key exclusion criteria**

- Pituitary irradiation within the last 10 years
- Compression of the optic chiasm
- Poorly controlled diabetes mellitus ( $\text{HbA}_{1c} > 8\%$ )
- Risk factors for torsades de pointes
  - $\text{QTc} > 480$  ms, hypokalaemia, family history of long QT syndrome, concomitant medications known to prolong QT interval

# REGISTRATIVE STUDY

## Study Design

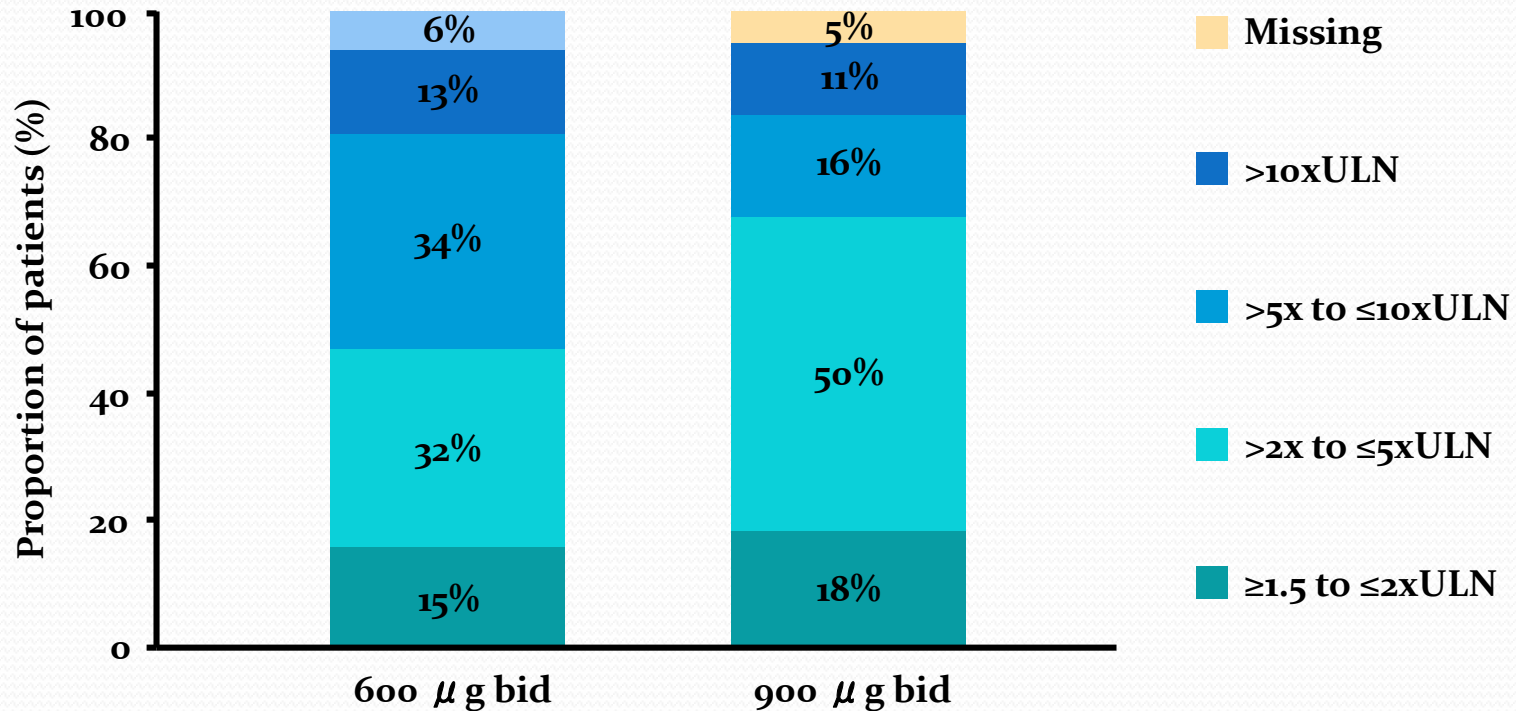


\*For patients who had a mean baseline UFC  $\geq 2x$  ULN with a 3-month UFC  $> 2x$  ULN OR  
 For patients who had a mean baseline UFC 1.5–2x ULN with a 3-month UFC above their baseline UFC

# Registrative study

## Distribution of disease severity

At baseline, 78% of patients had moderate to very severe hypercortisolism



# REGISTRATIVE STUDY-EFFICACY ANALYSIS

A prospective randomized double-blind phase III study have evaluated the efficacy and safety of pasireotide in a large number of patients with Cushing's disease

	600 µg bid (n=82)	900 µg bid (n=80)	Overall (n=162)
6 months			
Response,* n (%) [95% CI]	12 (14.6) [7.0, 22.3]	<b>21 (26.3)</b> <b>[16.6, 35.9]</b>	33 (20.4) [14.2, 26.6]
Fully controlled, n (%)	13 (15.9)	23 (28.8)	36 (22.2)
Partially controlled, n (%)	15 (18.3)	10 (12.5)	25 (15.4)
Uncontrolled, n (%)	54 (65.9)	47 (58.8)	101 (62.3)
<b>Fully and partialy controlled, n (%)</b>	<b>28 (34.2)</b>	<b>33 (41.3)</b>	<b>61 (37.6)</b>

Hyperglycaemia represents a frequent adverse event, being documented in 78% of patients, followed by gastrointestinal disturbances



# REGISTRATIVE STUDY: LIMITATIONS

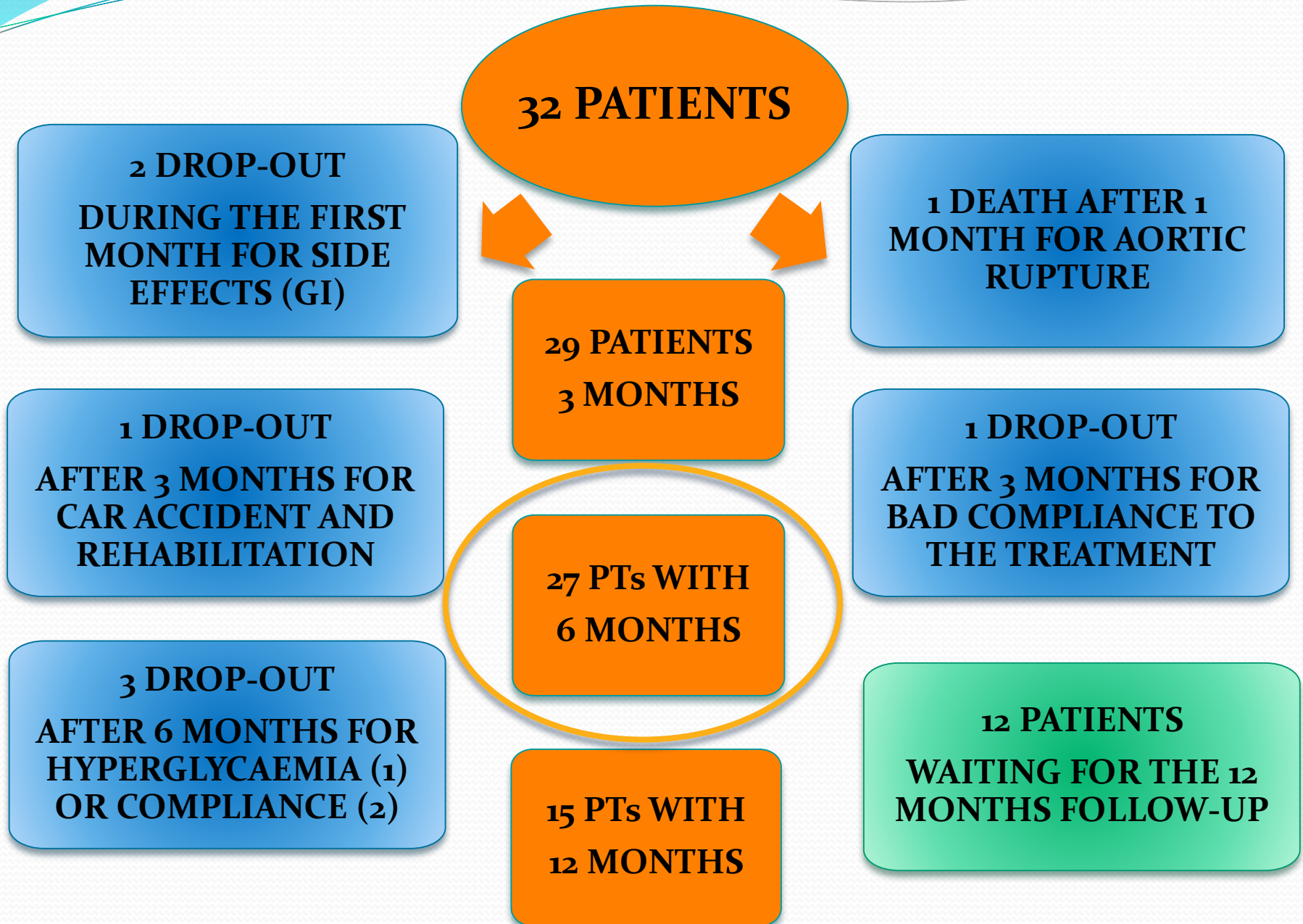
- The phase III study enrolled mostly (78%) patients with moderate to very severe disease (disease was severe in 25% and very severe in 12% of patients).
- The primary efficacy endpoint was represented by the proportion of patients who normalized urinary cortisol levels at 6 months follow-up without previous up-titration of the drug dose
- The primary efficacy analysis was based on an “intention to treat” methodology where patients who discontinued treatment were considered non responsive, independently from the hormonal response



# **Pasireotide and Cushing in the real world evidence**

Multicentre prospective open label study to evaluate the efficacy and safety of pasireotide treatment in a group of patients with Cushing's disease according with real-world evidence

# Patients disposition



# Patients features

27 PATIENT AT THE 6-MONTH FOLLOW-UP

## DISEASE SEVERITY

VERY MILD 14

MILD 6

MODERATE 6

**VERY SEVERE 1**

26 PATIENTS

VERY MILD TO  
MODERATE

VERY MILD (1-1.5 ULN)

MILD (1.5-2 ULN)

MODERATE (2-5 ULN)

SEVERE (5-10 ULN)

VERY SEVERE (>10 ULN)

20 females  
6 males



Age  
47.4±13.2  
median: 49

# Treatment Protocol

**INITIAL DOSE**

**600 µg bid**

**At 3 months,  
evaluation of UFC  
levels and clinical  
benefit**

**INCREASE OF  
DOSE**

**Not controlled  
after 3 months**

**900 µg bid**

**Follow-up every 3 months for  
monitoring of parameters**

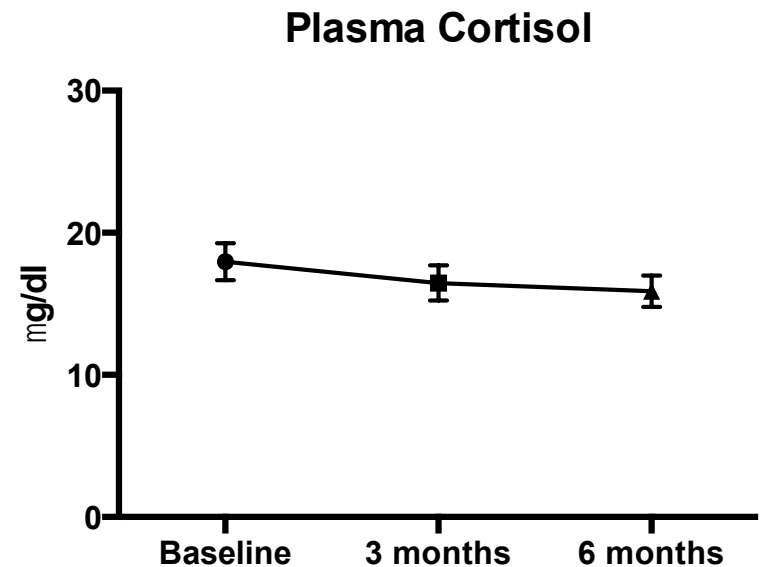
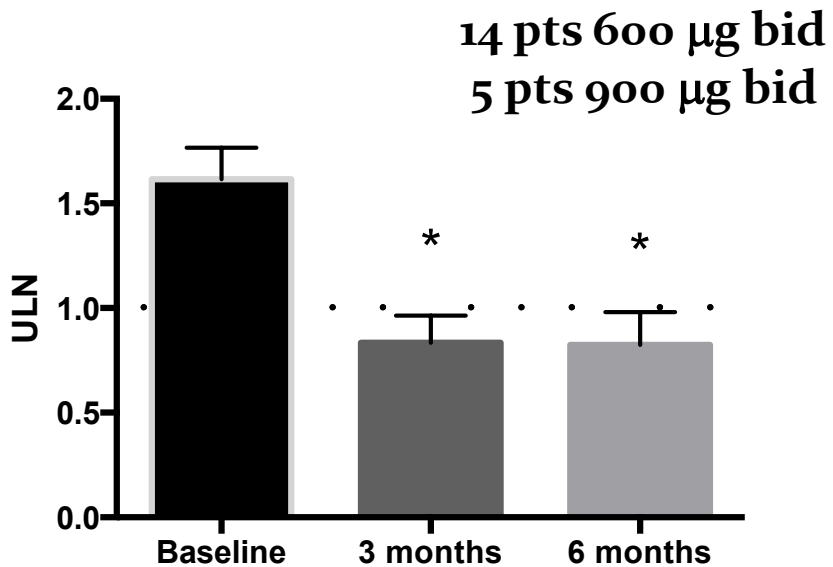
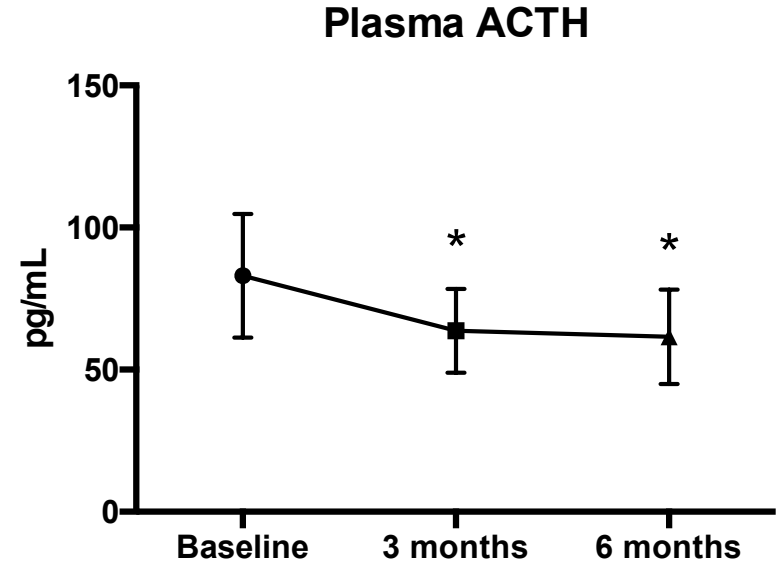
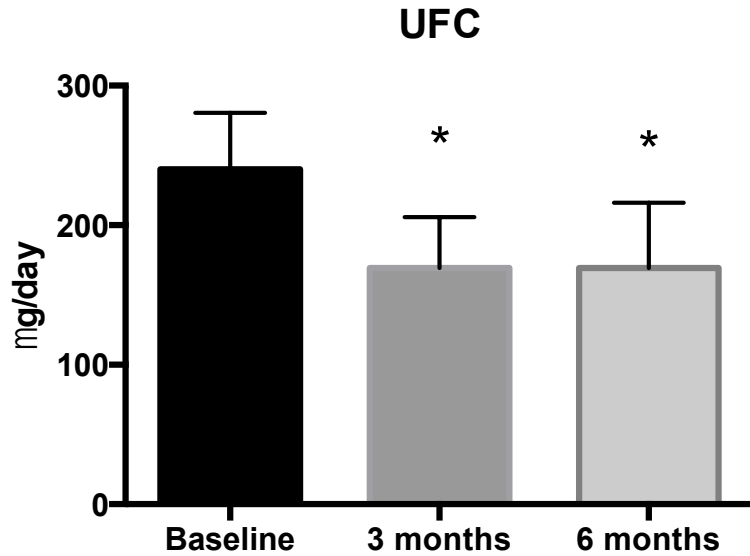
# Efficacy analysis

<b>RESPONSE</b>	<b>6 MONTHS (n=31/26) N (%)</b>
NORMALIZATION, n (%)	19 (61.3/ 73.1)
NEAR NORMALIZATION, n (%)	2 (6.4 / 7.7)
NO NORMALIZATION, n (%)	5 (16.1 / 19.2)
DISCONTINUATION	5/31 (16.1)
<b>RESPONSE PP *</b> <b>(NORMAL + NEAR NORMAL) n (%)</b>	<b>21/26 (80.8)</b>
<b>RESPONSE ITT **</b> <b>(NORMAL + NEAR NORMAL) n (%)</b>	<b>21/31 (67.7)</b>

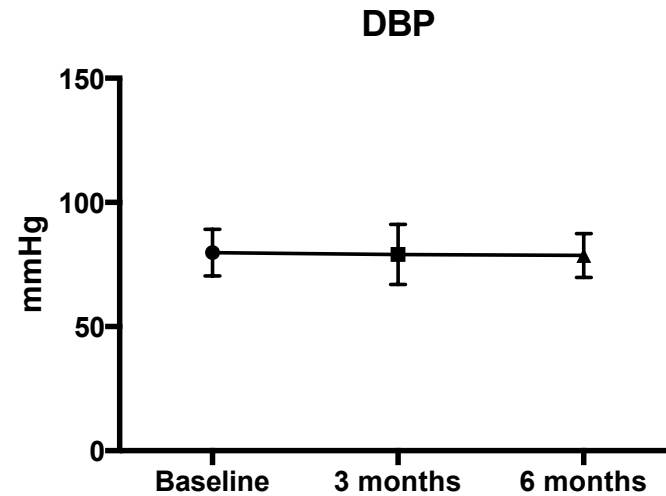
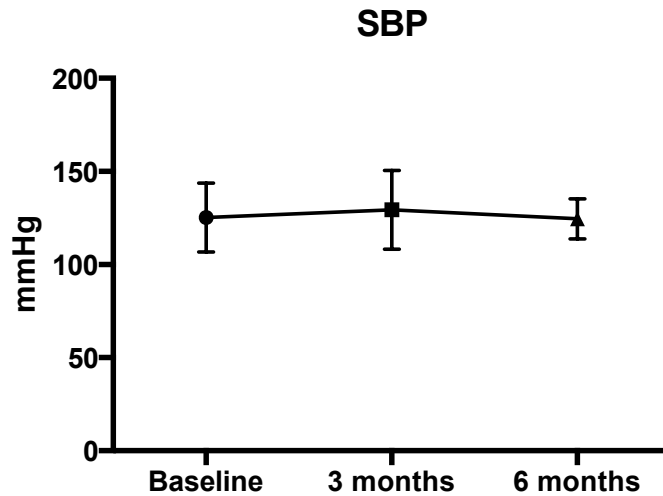
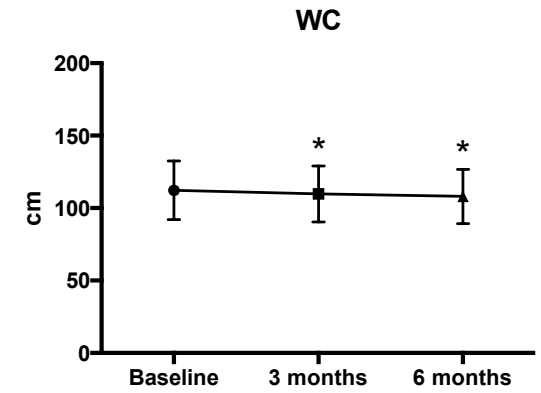
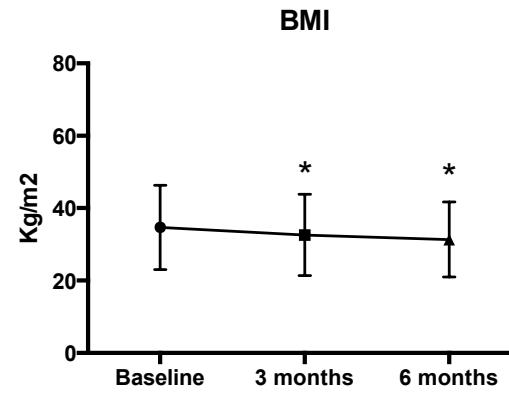
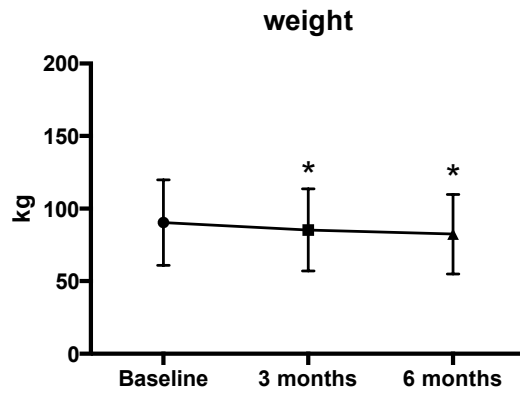
**\*RESPONSE PP:** Percentage of responsive patients over the totality of patients, who completed the period of treatment (3 months or 6 months).

**\*\*RESPONSE ITT:** Percentage of responsive patients at the evaluable period of treatment (3 months or 6 months) over the totality of patients starting treatment

# Effect on hormone levels



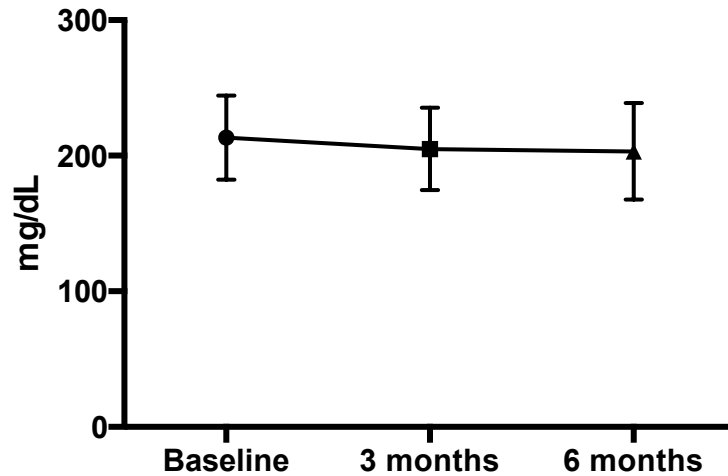
# Effect on clinical parameters



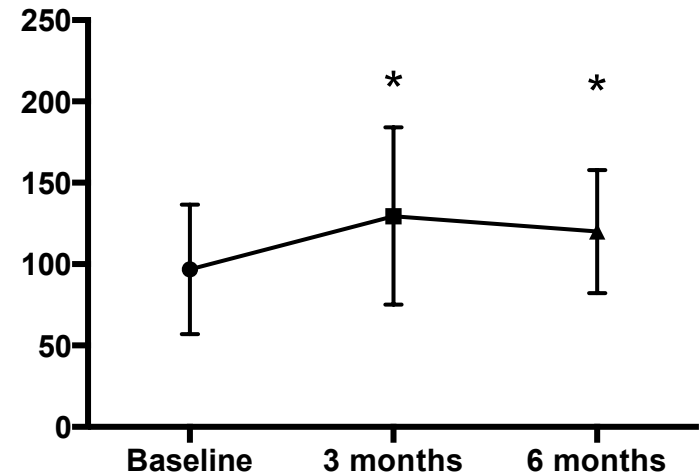


# Effect on metabolic parameters

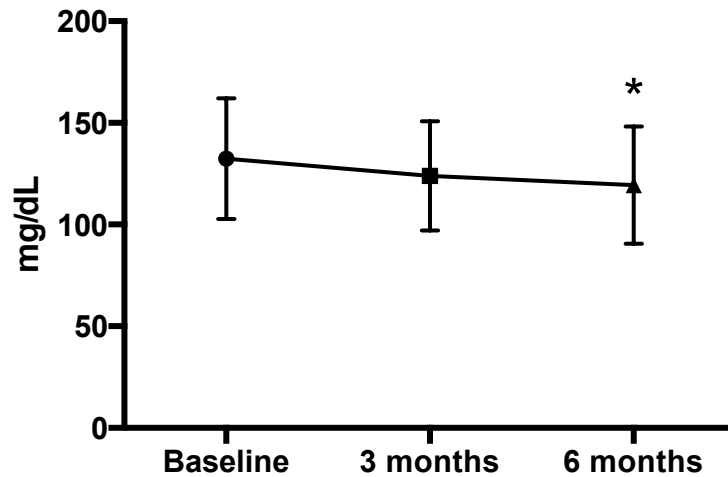
## TCHOL



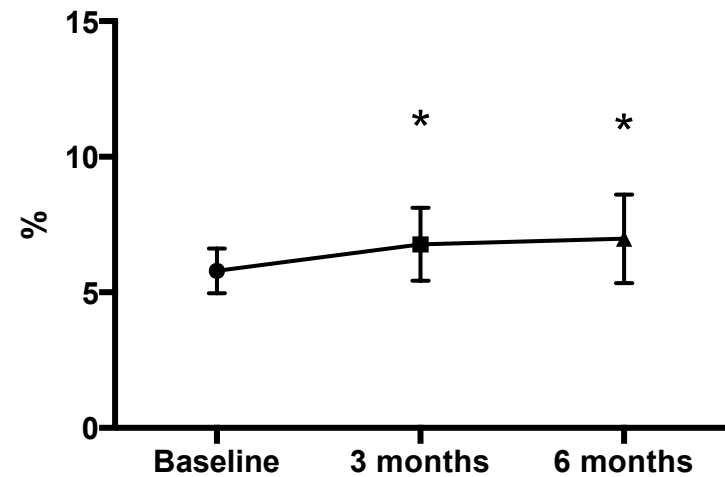
## GLY



## LDL-CHOL



## HB1AC



# Effect on co-morbidities

COMORBIDITY	BASELINE (N PTS)	6 MONTHS (N PTS)
OVERWEIGHT/OBESITY	8/15	10/10
HYPERTENSION	16	15 (5 <sup>*</sup> )
HYPERCHOLESTEROLEMIA	12	7
HYPERTRIGLYCERIDEMIA	9	7
IFG/IGT/DIABETES	1/5/9	1/1/19 <sup>**</sup>

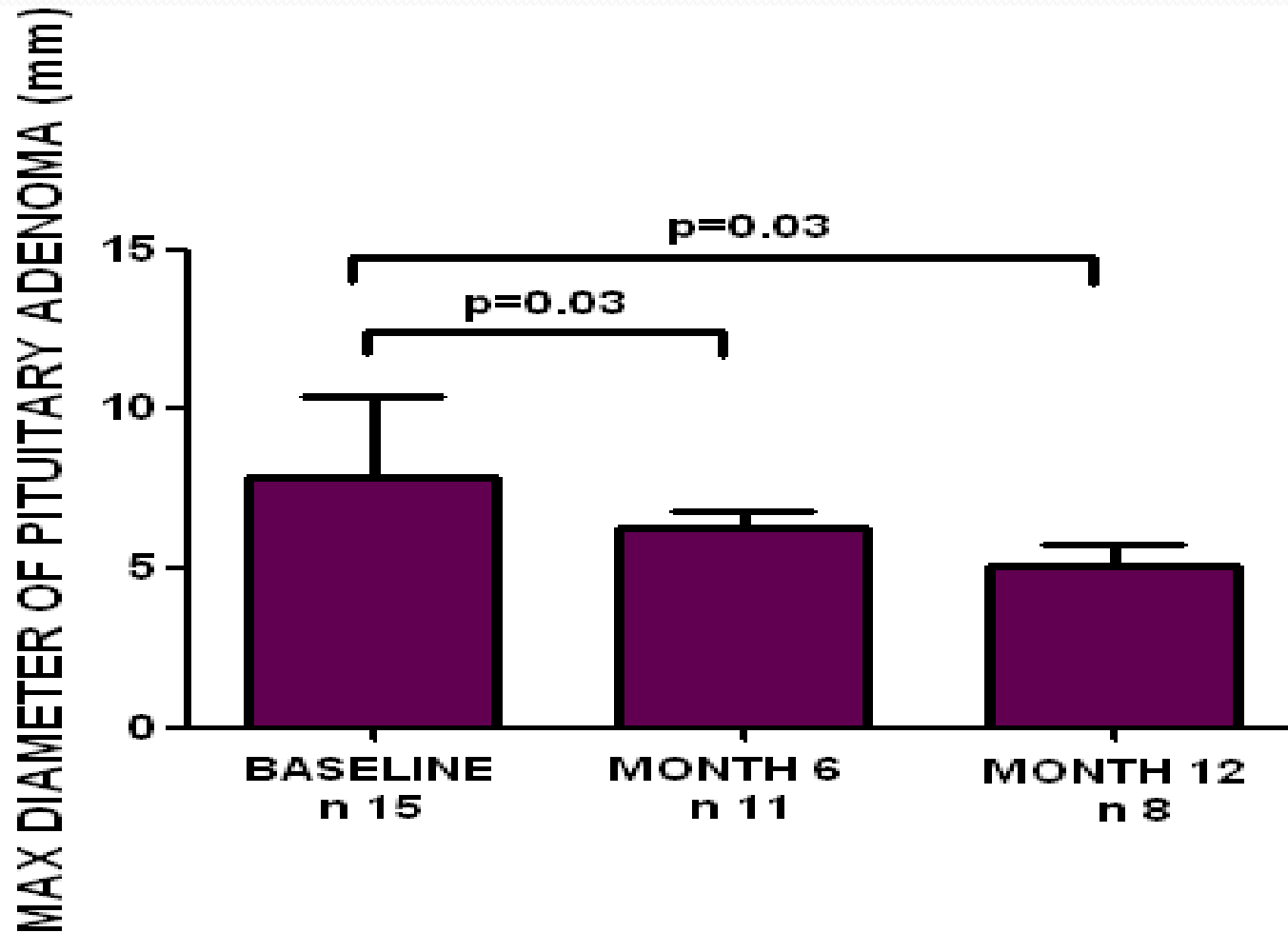
\* Patients with a reduction of drug number or dose

\*\* Diabetes reversed completely to normal glucose profile in 1 patient

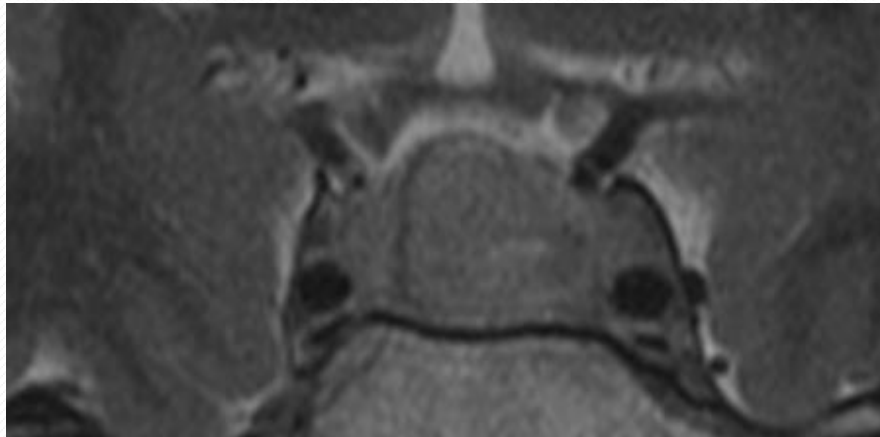
# Effect on tumour mass

- At baseline, 6 patients had a macroadenoma and 10 patients had a microadenoma, whereas invisible tumour was documented in the remaining 10 patients
- After 6 months, pituitary MRI was available in 12 patients (3 with macroadenoma, 4 with microadenoma and 5 with invisible tumour)
- In these 12 patients, tumour characteristics were unchanged in 4 cases, whereas a decrease in tumor volume was documented in 5 cases, and a slight enlargement was observed in one case of macroadenoma
- In particular, tumour volume was reduced for 2 macroadenomas (one macroadenoma became a microadenoma), whereas 3 microadenomas at baseline completely disappeared after 6 months of treatment

# Tumor Size (Naples experience)



# A Clinical Case of Shrinkage in patient with Pituitary Macroadenoma



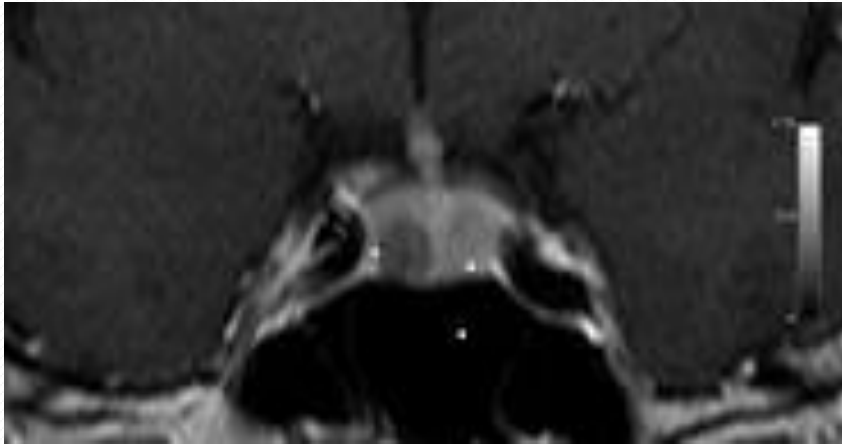
1. Baseline



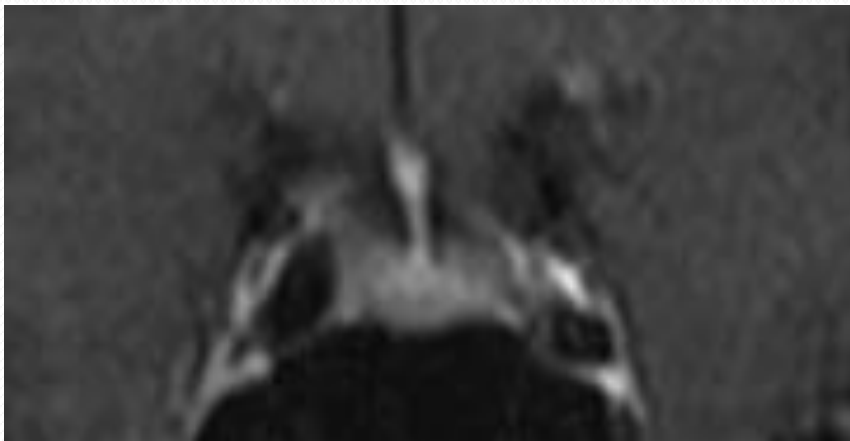
2. After 12 Months

	Baseline	Month 12
Diameters (mm)	15x21x17	10x12x8
Volume (mm <sup>3</sup> )	2.802,43	502,39

# A Clinical Case of Pituitary Microadenoma Disappearance



1. Baseline



2. After 12 Months

	Baseline	Month 12
Diameters (mm)	7x5	0

# Registrative study: adverse events

AE	Overall (N=162)	
	All grades n (%)	Grades 3 or 4 n (%)
Hyperglycemia related	118 (72.8)	40 (24.7)
Diarrhea related	95 (58.6)	5 (3.1)
Nausea related	85 (52.5)	4 (2.5)
Gallbladder and biliary related	54 (33.3)	4 (2.5)
Liver chemistry related	26 (16.0)	7 (4.3)
Bradycardia related	23 (14.2)	3 (1.9)
Hypocortisolism related	13 (8.0)	4 (2.5)
QT prolongation related	13 (8.0)	4 (2.5)
Hypothyroidism related	7 (4.3)	0

Grading (1-4) of AEs follows the US HHS Common Terminology Criteria for Adverse Events (CTCAE) 2009. Common AE terms were pooled, for example, all terms relating to elevations in blood glucose or terms relating to diarrhea



# Safety

<b>SIDE EFFECTS</b>	<b>32 PTS N (%)</b>
<b>Glucose metabolism disorders</b>	<b>22 (84.4)</b>
Worsening of glucose control in pre-existing IGT or DM	15 (46.9)
Hyperglycaemia	12 (37.5)
<b>Gastrointestinal disturbances</b>	<b>12 (38.7)</b>
Diarrhea	12 (35.5)
Abdominal Pain	8 (22.6)
Nausea	5 (16.1)
Asthenia and/or Fatigue	6 (18.8)
Colelithiasis	3 (9.4)
Liver damage (increase of liver enzyme)	2 (6.2)
Arthralgias	1 (3.1)

**Safety analysis has been performed on the entire cohort of patients (31) followed-up until July 2014**

# Safety

<b>SIDE EFFECTS</b>	<b>32 PTS N (%)</b>
<b>Glucose metabolism disorders</b>	<b>27 (84.4)</b>
Worsening of glucose control in pre-existing IGT or DM	15 (46.9)
Hyperglycaemia	12 (37.5)
<b>Mild disorder</b>	<b>10 (31.2)</b>
Worsening of glucose control in pre-existing IGT or DM	5 (15.6)
Hyperglycaemia	5 (15.6)
<b>Starting or modification of antidiabetic treatment</b>	<b>23 (71.9)</b>
Good control	15 (65.2*)
Partial control	5 (15.6*)
Bad control	3 (9.4*)

**Safety analysis has been performed on the entire cohort of patients (31) followed-up until July 2014**

# Conclusions

- In a population of patients with mild to moderate Cushing's disease, pasireotide treatment at the median dose of 600 ug twice a day is able to normalize or nearly normalize cortisol secretion in more than 65% of patients
- The normalization of UFC is associated with an improvement of clinical picture especially weight, body mass index, waist circumference, and lipid profile
- Hyperglycemia represents a common side effect, but it is mild in one third, and can be controlled with glucose lowering treatment, in around 70% of cases
- Discontinuation of treatment occurred in 16% of patients for gastrointestinal disturbances (during the early period of treatment) or bad compliance or hyperglycaemia (after 6 months of treatment)

# THANKS



Giorgio Arnaldi  
Ancona



Carla Scaroni  
Padova



Carla Giordano  
Palermo



Salvo Cannavò  
Messina

# MANAGEMENT HYPERGLYCEMIA NAPLES EXPERIENCE

## CSOMB2305

**1 STEP  
METFORMINA**

**2 STEP  
METFORMINA +  
INSULINA BED-TIME**

**3 STEP  
INSULINA AI PASTI +  
INSULINA BED-TIME**

## RWE

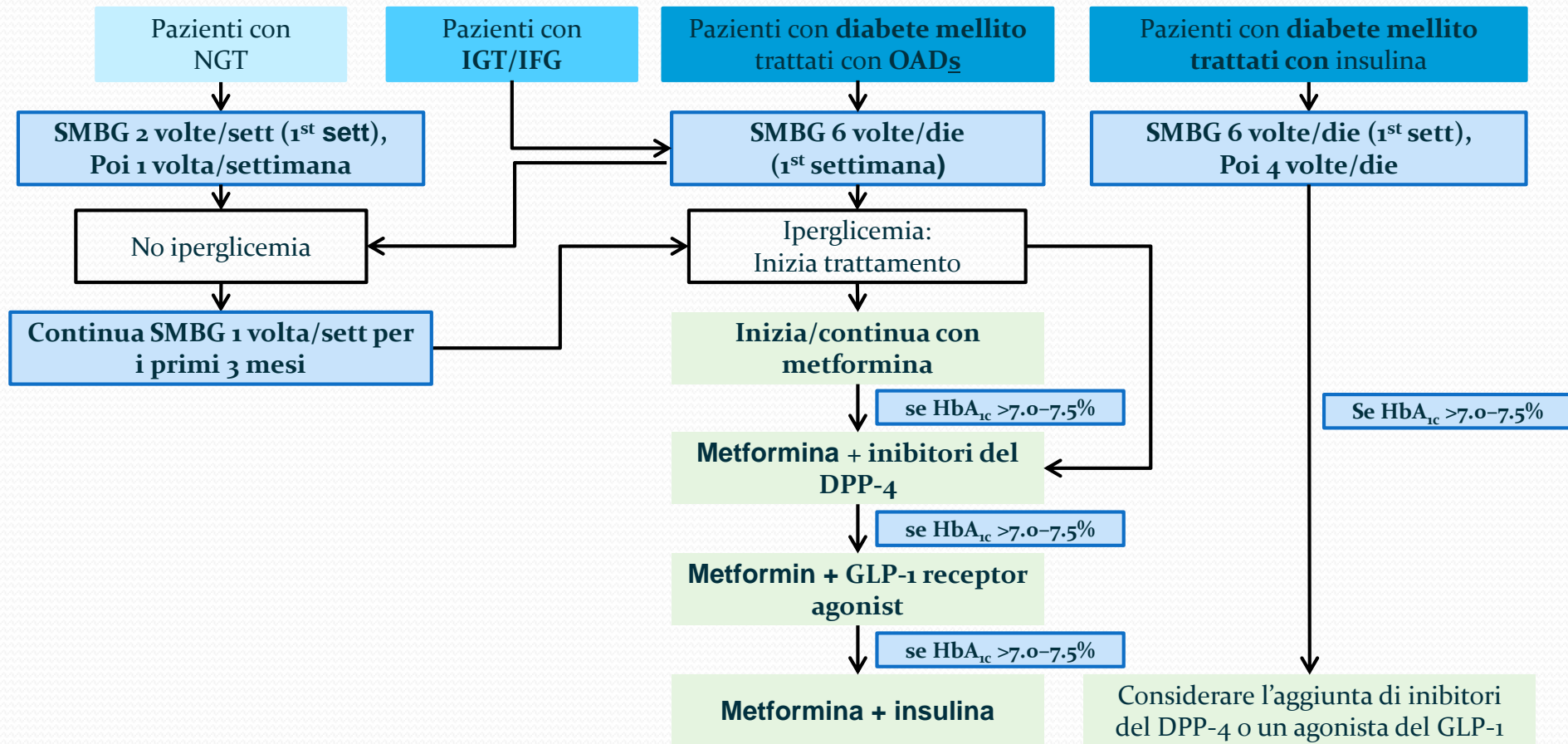
**1 STEP  
METFORMINA**

**2 STEP  
METFORMINA +  
INCRETINE**

**3 STEP  
METFORMINA +  
INCRETINE +  
INSULINE BED-TIME**

**4 STEP  
AGGIUNTA DI  
INSULINA AI PASTI**

# Flow chart to manage hyperglycemia Pasireotide-related in patients with Cushing's disease





# CSOM230B & RWE (NAPLES EXPERIENCE)

Metformina



Metformina +  
Insulina basale



Insulina basale +  
Insulina rapida



Metformina +  
Liraglutide o Sitagliptin





# MANAGEMENT AEs IN CSOM230B

**DIARRRHEA**



1. HYDRATION
2. LOPERAMIDE

**VOMITING**



1. METOCLOPRAMIDE
2. 5HT<sub>3</sub>-R ANTAGONIST

**ANEMIA**



**IRON**



**THANKS**

# Sicurezza del pasireotide a 12 mesi di terapia

	600 µg bid (n=82)	900 µg bid (n=80)	Globale (n=162)
Eventi avversi (AEs), n (%)	80 (97.6)	79 (98.8)	159 (98.1)
AEs farmaco-correlati	79 (96.3)	76 (95.0)	155 (95.7)
Sospensione a causa di AEs	13 (15.9)	15 (18.8)	28 (17.3)
AEs di grado 3 o 4	39 (47.6)	40 (50.0)	79 (48.8)
AEs di particolare interesse, n (%)	79 (96.3)	77 (96.3)	156 (96.3)
Eventi avversi seri (SAEs), n (%)	19 (23.2)	21 (26.3)	40 (24.7)
SAEs farmaco-correlati	7 (8.5)	12 (15.0)	19 (11.7)
Sospensione a causa di SAEs	3 (3.7)	5 (6.3)	8 (4.9)
Morte durante trattamento, n (%)*	0	0	0

AE	Globale (N=162)	
	Tutti i gradi n (%)	Gradi 3 o 4 n (%)
Iperglicemia correlati	118 (72.8)	40 (24.7)
Diarrea correlati	95 (58.6)	5 (3.1)
Nausea correlati	85 (52.5)	4 (2.5)
Colecisti e vie biliari correlati	54 (33.3)	4 (2.5)
Funzione epatica correlati	26 (16.0)	7 (4.3)
Bradycardia correlati	23 (14.2)	3 (1.9)
Ipcortisolismo correlati	13 (8.0)	4 (2.5)
Prolungamento QT correlati	13 (8.0)	4 (2.5)
Ipotiroidismo correlati	7 (4.3)	0

# Ipocortisolismo

- L'ipocortisolismo rappresenta un rischio di tutte le terapie efficaci per la malattia di Cushing
- No definizione standard di ipocortisolismo; AEs sono stati determinati dall'investigatore
- Tra i pz con  $UFC \leq ULN$ , 13 hanno avuto AEs ipocortisolismo-correlati, riportati come:
  - Insufficienza surrenalica (n=9)
  - Riduzione del cortisolo ematico (n=1)
  - Riduzione UFC (n=2)
  - Insufficienza surrenalica secondaria (n=1)
- I pz hanno risposto alla riduzione di dose di pasireotide e/o alla supplementazione per breve tempo con steroidi esogeni

# Gestione dell'ipocortisolismo

<b>Prima della terapia</b>	<b>Educare i pazienti sui sintomi: stanchezza, anoressia, nausea, vomito, ipotensione, iperkaliemia, iponatriemia, ipoglicemia</b>
<b>Durante la terapia</b>	<b>Monitorare i sintomi, istruire i pazienti a registrare i sintomi</b>
<b>Gestione</b>	<ul style="list-style-type: none"><li>• <b>Ridurre la dose di pasireotide a 0.3 mg bid</b></li><li>• <b>Se i sintomi persistono, interrompere o somministrare temporaneamente terapia corticosteroidica sostitutiva</b></li></ul>
<b>Dopo la sospensione</b>	<b>I sintomi dovrebbero rapidamente ridursi dopo la sospensione</b>

# La colecisti e la calcolosi

	Cambiamenti rispetto al baseline all'ultima valutazione, n (%)				
Baseline	Normale	Fango	Calcoli	Dilatazione dotto biliare	No ecografia
Normale (n=137)	83 (60.6)	9 (6.6)	27 (19.7)	0	18 (13.1)

- L'effetto del pasireotide è paragonabile agli altri analoghi della somatostatina nei soggetti Caucasici
- La maggior parte dei casi sono asintomatici
- Gestione: monitoraggio ecografico della colecisti, considerare l'uso di terapia con acido ursodesossicolico
- Raramente si rende necessaria la colecistectomia



# Funzione epatica

- Come gli altri analoghi della somatostatina, c'è stato un lieve, transitorio aumento degli enzimi epatici (~30% dei pazienti)
- Nella maggior parte dei pazienti i livelli enzimatici sono ritornati ai valori di partenza durante il proseguimento della terapia con pasireotide
  - Sei pazienti hanno sospeso a causa dell'aumento degli enzimi epatici
- Non ci sono stati casi di concomitante aumento di AST/ALT >3xULN e bilirubina >2xULN (marker di danno epatico severo)

# Gestione delle alterazioni della funzione epatica

<b>Prima della terapia</b>	<ul style="list-style-type: none"><li>• Monitorare la funzione epatica, valutare possibili interazioni farmacologiche</li><li>• In pz con moderata alterazione della funzione epatica, iniziare pasireotide con 0.3 mg bid fino a un massimo di 0.6 mg bid</li></ul>
<b>Durante la terapia</b>	<ul style="list-style-type: none"><li>• Monitorare la funzione epatica alle settimane 1, 2, 4, 8 e 12</li><li>• Monitorare frequentemente la funzione epatica in pz con incremento delle transaminasi fino al ritorno ai livelli pre-trattamento</li></ul>
<b>Gestione</b>	<ul style="list-style-type: none"><li>• Interrompere il trattamento in caso di segni clinici di disfunzione epatica insieme ad un significativo aumento di <math>AST \geq 5</math> ULN, <math>ALT \geq 5</math> ULN, oppure <math>AST</math> o <math>ALT \geq 3</math> ULN con bilirubina <math>\geq 2</math> ULN</li></ul>
<b>Dopo la sospensione</b>	Monitorare fino alla normalizzazione degli enzimi epatici; non riprendere il trattamento

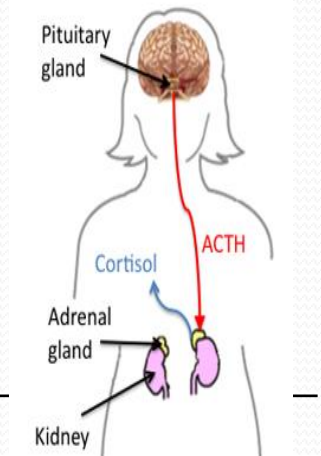


# Iperglicemia

# Il Cushing è predisposto alterazioni del metabolismo glicemico

- I livelli di cortisolo cronicamente elevati possono indurre insulino-resistenza ed intolleranza ai carboidrati <sup>1</sup>

Morbidity	Prevalence at diagnosis (%) <sup>1</sup>
Hypertension	55–85
Impaired glucose tolerance	21.3–64
Diabetes mellitus	20–36
Overweight (BMI 25–30)	21–48
Obese (BMI >30)	32–41
Hyperlipidaemia	37.5–71.4



- In B2305, 34% dei pazienti aveva diabete mellito prima del trattamento<sup>2</sup>
  - 24% aveva prediabete in basale

1. Feelders R et al. ENEA Cushing's Syndrome Workshop, Naples, Italy, December 2009  
2. Colao A et al. N Engl J Med 2012;366:914–924

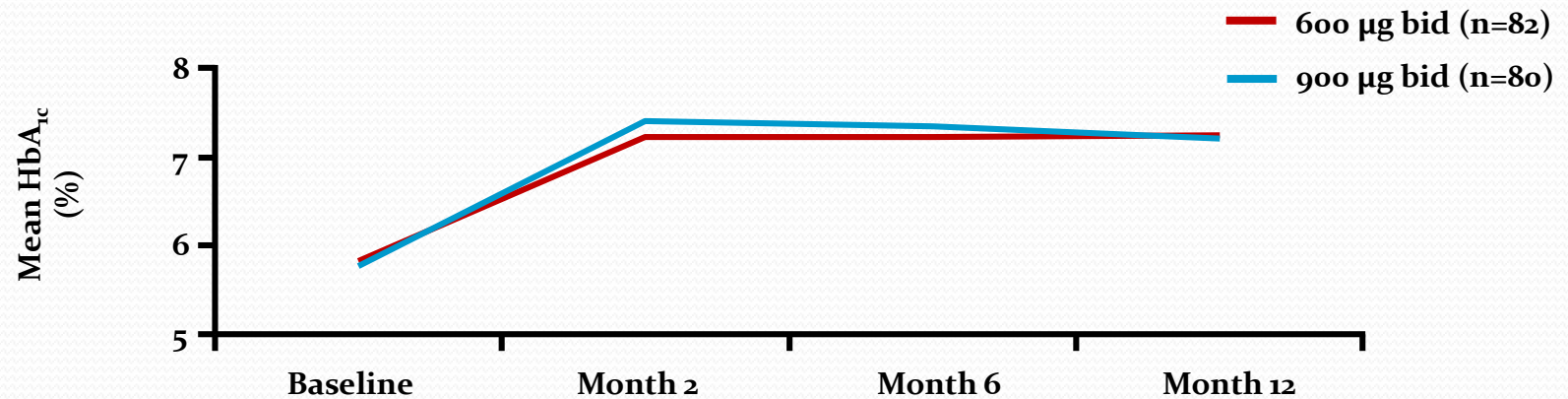
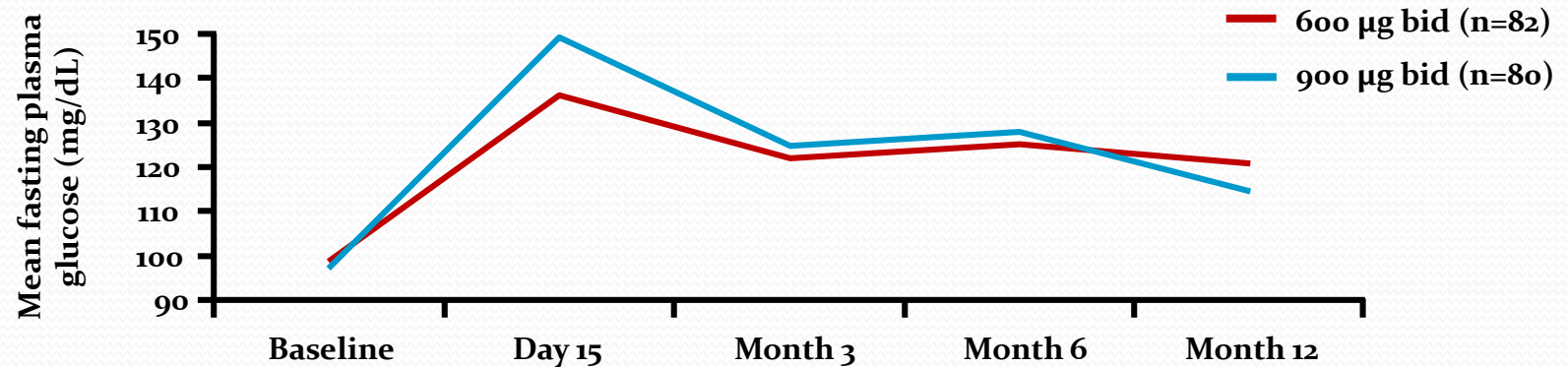
# Ruolo della somatostatina nell'omeostasi glucidica

La somatostatina è un inibitore della secrezione sia di insulina che di glucagone<sup>a</sup>

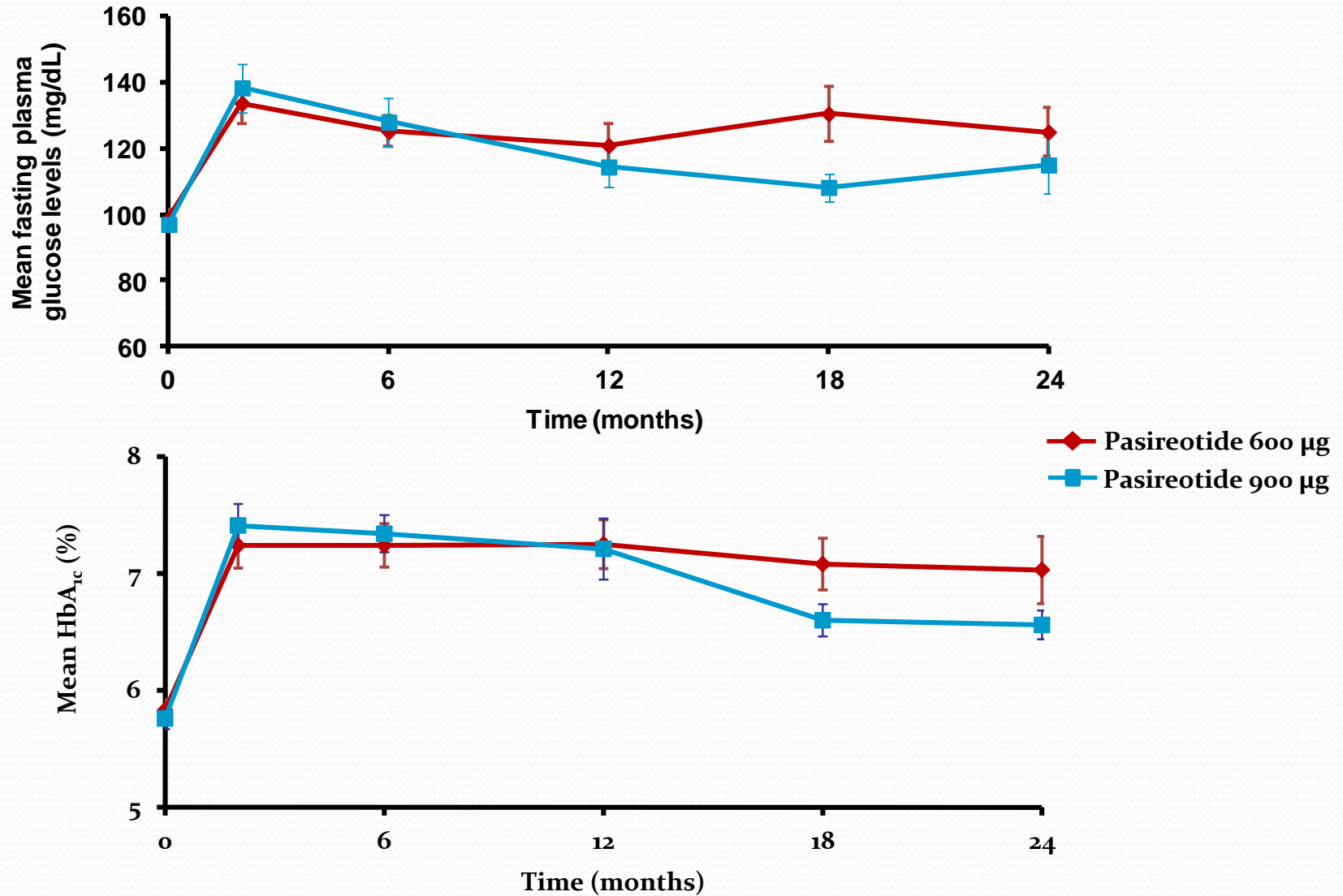
	Somatostatin Receptors	
	sst <sub>2</sub>	sst <sub>5</sub>
sst expression in human pancreatic $\beta$ -cells <sup>b</sup>	++	+++
sst expression in human pancreatic $\alpha$ -cells <sup>b</sup>	+++	+
Receptor binding affinity		
Pasireotide <sup>c</sup>	++	+++
Octreotide <sup>c</sup>	+++	+
Inhibition of insulin <sup>d,e</sup>	✓	✓
Inhibition of glucagon <sup>f</sup>	✓	

<sup>a</sup> Hauge-Evans AC, et al. *Diabetes*. 2009;58(2):403-411; <sup>b</sup> Kumar U, et al. *Diabetes*. 1999;48(1):77-85; <sup>c</sup> Adapted from Bruns C, et al. *Eur J Endocrinol*. 2002;146(5):707-716; <sup>d</sup> Zambre Y, et al. *Biochem Pharmacol*. 1999;57(10):1159-1164; <sup>e</sup> Singh V, et al. *J Clin Endocrinol Metab*. 2007;92(2):673-680; <sup>f</sup> Patel YC. *Front Neuroendocrinol*. 1999;20(3):157-198.

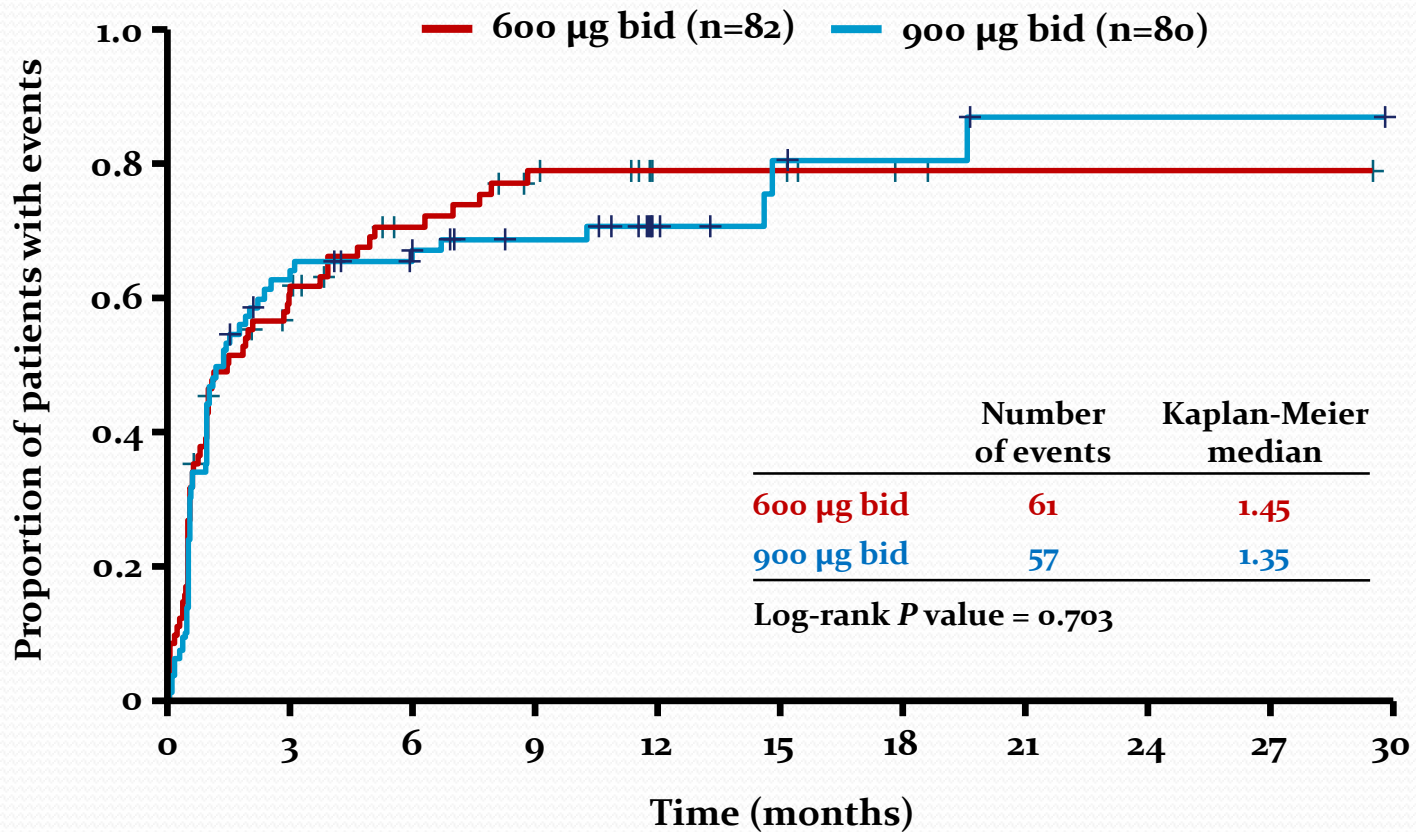
# Cambiamenti nella glicemia



# La glicemia è rimasta stabile al mese 24



# Tempo al primo AE iperglicemia-correlato





# Cambiamenti nella terapia antidiabetica

- Al mese 12, la terapia antidiabetica è stata iniziata in 74 su 162 pz
  - 41% di pz (53/129) che non assumeva terapia ipoglicemizzante al baseline ha iniziato  $\geq 1$  farmaco antidiabetico
  - 64% di pz (21/33) che assumeva terapia ipoglicemizzante al baseline ha assunto  $\geq 1$  terapia addizionale
- Tra i pz nei quali la terapia ipoglicemizzante è stata iniziata durante lo studio, sono state osservate riduzioni nella glicemia a digiuno media
  - 166.2 a 121.5 mg/dL (9.2 to 6.7 mmol/L) nel gruppo 600  $\mu$ g
  - 159.4 a 133.8 mg/dL (8.9 to 7.4 mmol/L) nel gruppo 900  $\mu$ g

# Cambiamenti nello stato diabetico rispetto al baseline

	Cambiamenti rispetto al baseline all'ultima valutazione, n (%)			
Baseline	Normali	Pre-diabetici	Diabetici	Mancanti
Normali (n=67)	14 (21)	29 (43)	23 (34)	1 (1.5)
Pre-diabetici (n=39)	1 (3)	9 (23)	28 (72)	1 (3)
Diabetici (n=55)	1 (2)	6 (11)	47 (85)	1 (2)
Mancanti (n=1)	1 (100)	0	0	0

**Pazienti pre-diabetici avevano un rischio maggiore di sviluppare diabete**

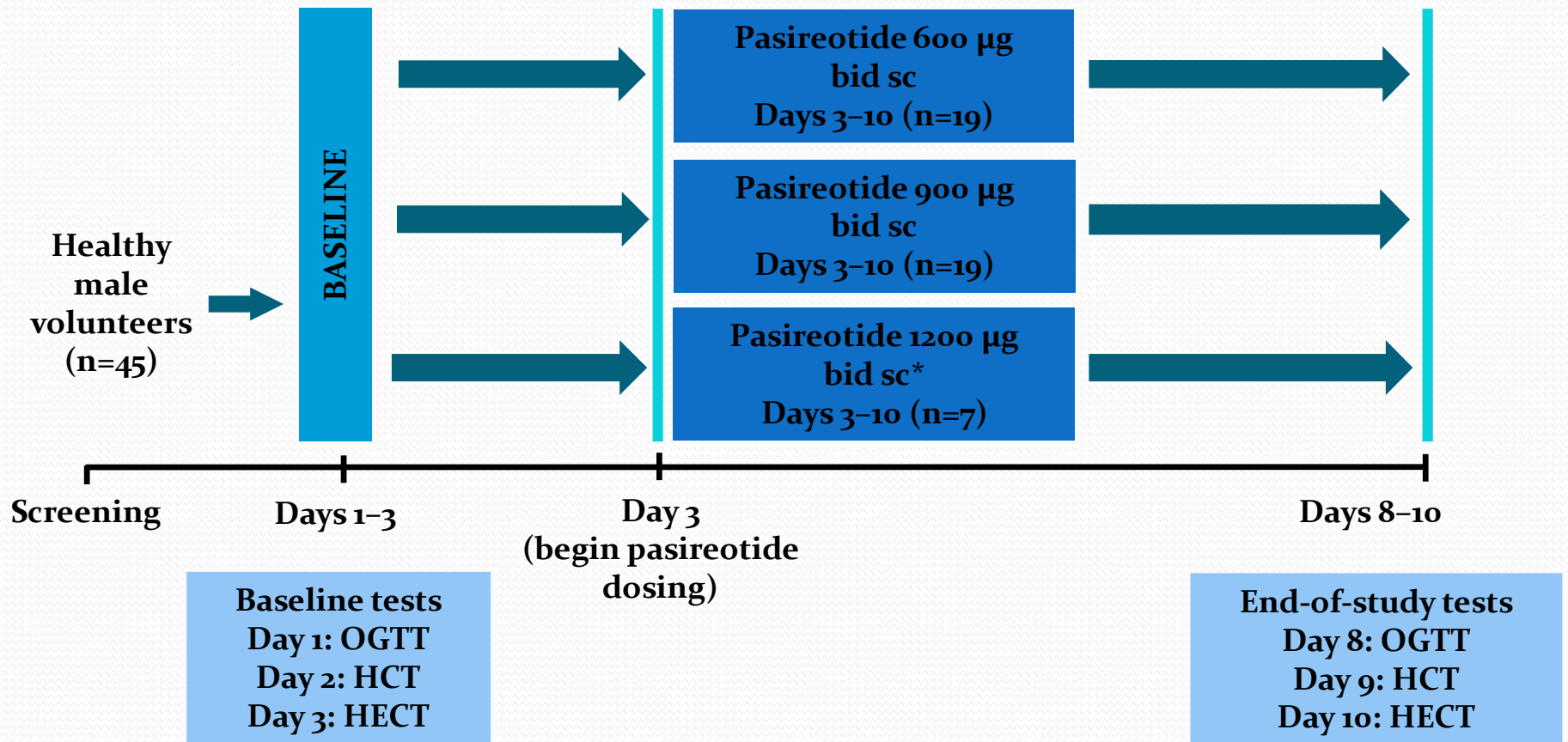
# Valutazione dei meccanismi sottostanti l'iperglicemia da pasireotide

- Sono stati condotti due studi per valutare I meccanismi responsabili dell'iperglicemia da pasireotide

**SOM230B2216: Studio in doppio-cieco, randomizzato, singolo-centro in volontari maschi sani per valutare il meccanismo responsabile dell'iperglicemia da pasireotide**

**SOM230B2124: Studio randomizzato, aperto, singolo-centro per valutare l'effetto della co-somministrazione di farmaci antidiabetici e pasireotide, rispetto al pasireotide da solo, sul metabolismo glucidico in volontari maschi sani**

# SOM230B2216: Disegno di studio



\*1200 µg bid sc arm was closed due to AEs of nausea and vomiting  
OGTT, oral glucose tolerance test; HECT, hyperinsulinemic-euglycemic clamp test; HGCT, hyperglycemic clamp test

# Analisi meccanicistica del metabolismo glucidico

## Oral glucose tolerance test (OGTT)

- Test standard per confermare glicemia normale e misurare i parametri dell'assorbimento glicemico e della secrezione insulinica
- Dosaggio della glicemia per 3 ore dopo aver bevuto un liquido contenente 75 g di glucosio

## Clamp iperglicemico in due tempi (HCT)

- Quantificare la secrezione insulinica
- Seguito da un test all'arginina (5 g iv) per la valutazione acuta, massimale della risposta insulinica

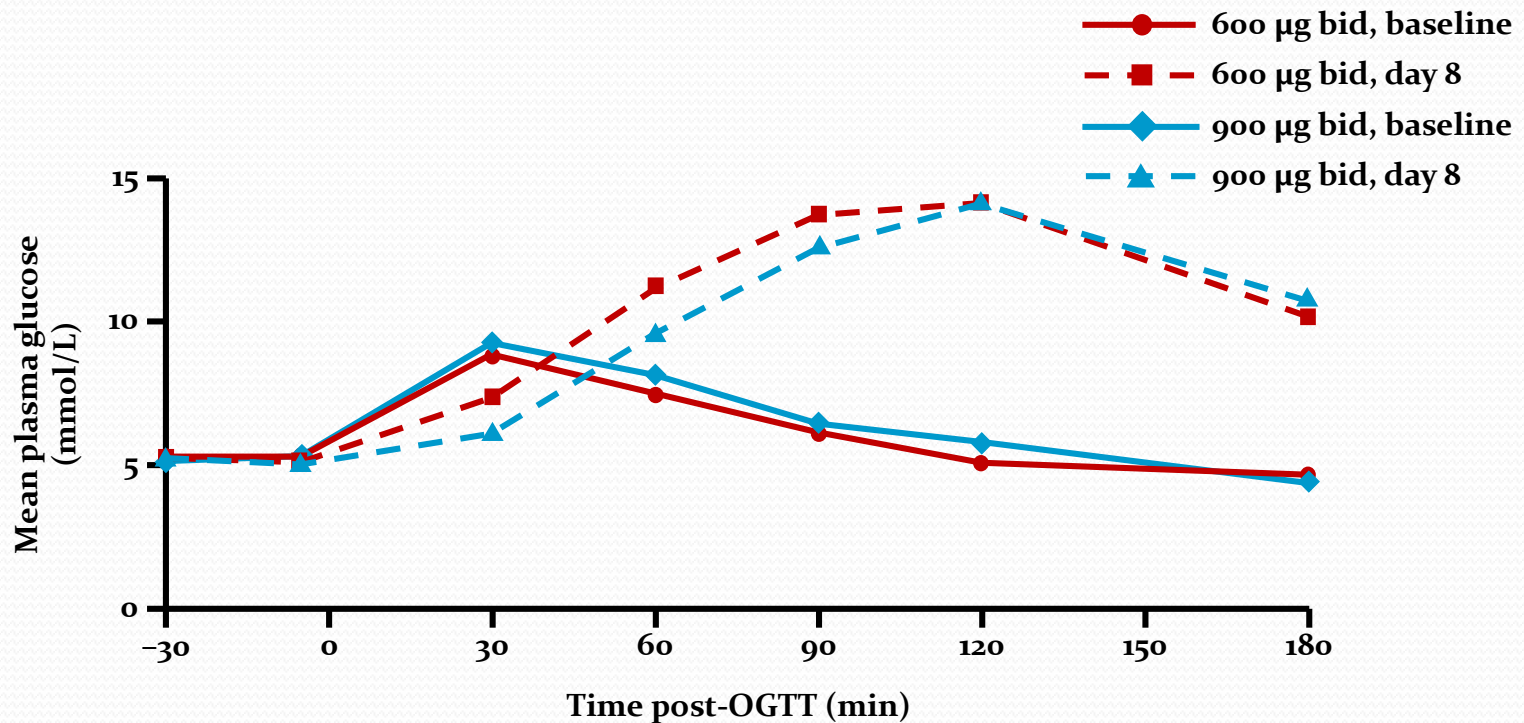
## Clamp iperinsulinemico euglicemico in due tempi (HECT)

- Misura dell'insulino-sensibilità (o resistenza) dei tessuti

# OGTT: Il pasireotide aumenta la glicemia plasmatica postprandiale

## Glucosio

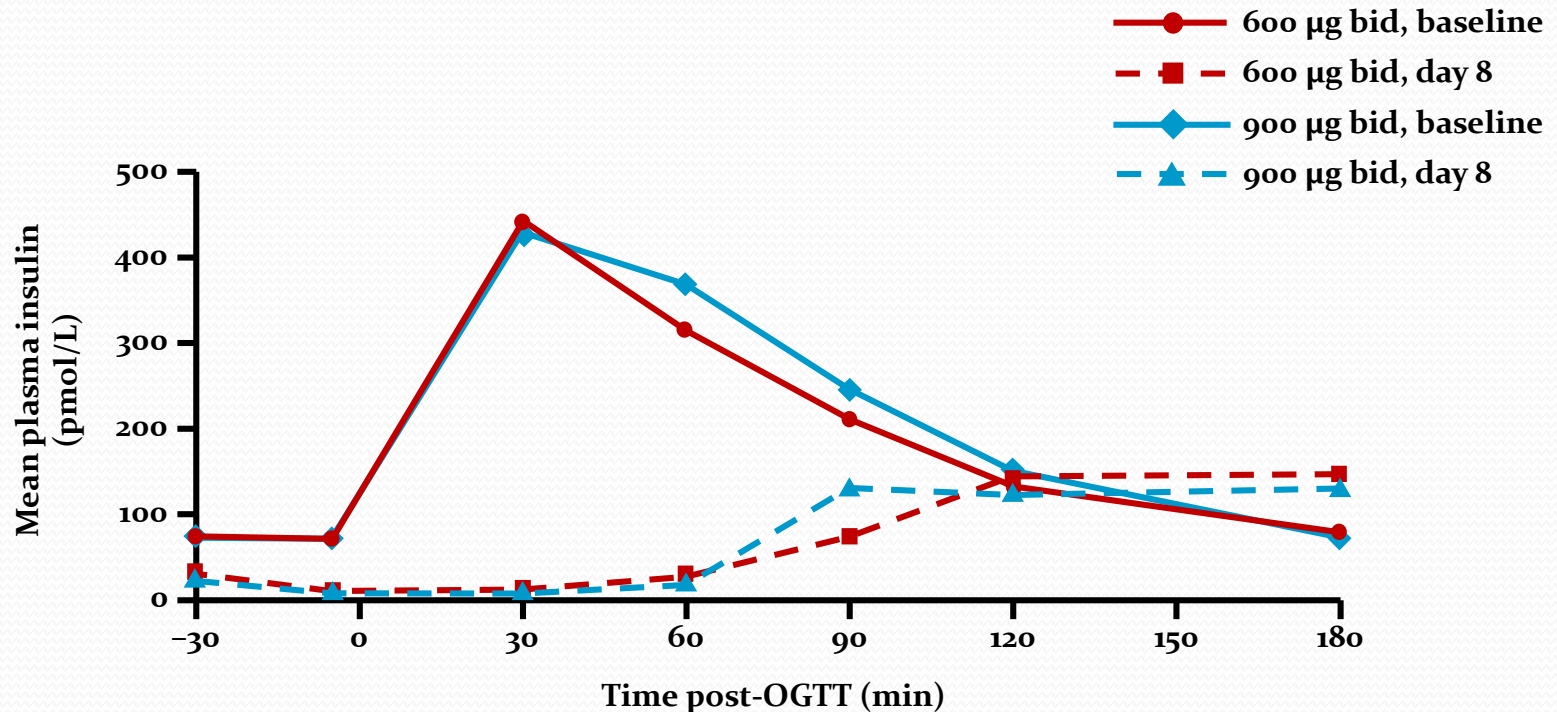
$AUC_{30-180min}$  e  $AUC_{0-180min}$  significativamente più alta al giorno 8 che al baseline ( $P < 0.001$ ) in entrambi i gruppi



# OGTT: Il pasireotide riduce l'insulina plasmatica postprandiale

## Insulin

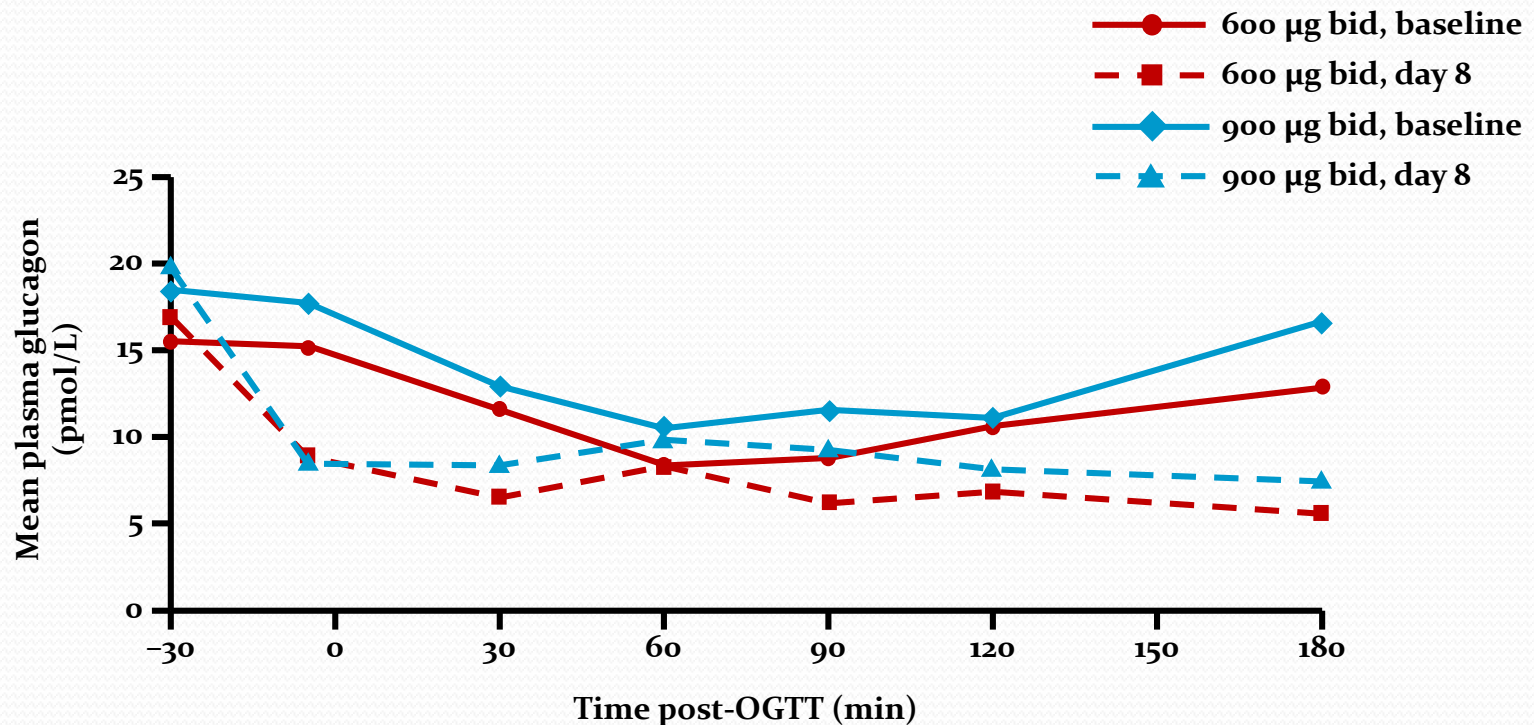
$AUC_{0-30min}$ ,  $AUC_{30-180min}$  e  $AUC_{0-180min}$  significativamente più basse al giorno 8 che al baseline ( $P < 0.001$ ) in entrambi i gruppi



# OGTT: Il pasireotide riduce il glucagone plasmatico postprandiale

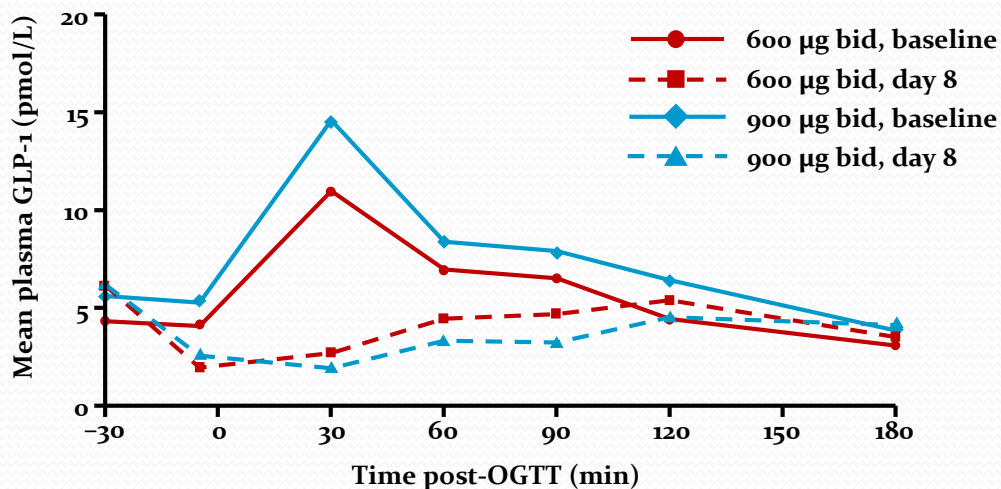
## Glucagone

$AUC_{0-30min}$ ,  $AUC_{30-180min}$  e  $AUC_{0-180min}$  significativamente più basse al giorno 8 che al baseline ( $P < 0.001$ ) in entrambi i gruppi





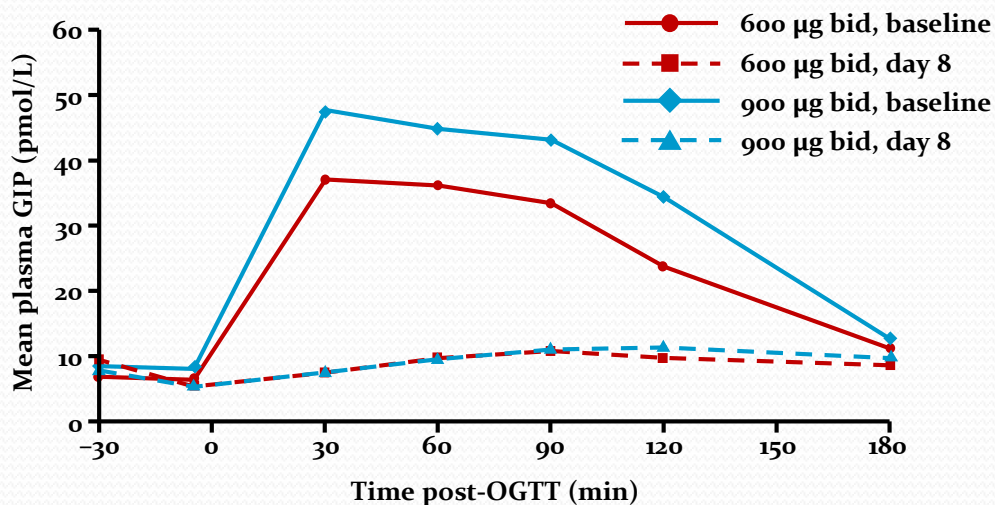
# OGTT: Il pasireotide riduce GLP-1 e GIP postprandiali



## GLP-1

$AUC_{0-30min}$  e  $AUC_{0-180min}$  significativamente più basse al giorno 8 che al baseline nel gruppo 600 µg

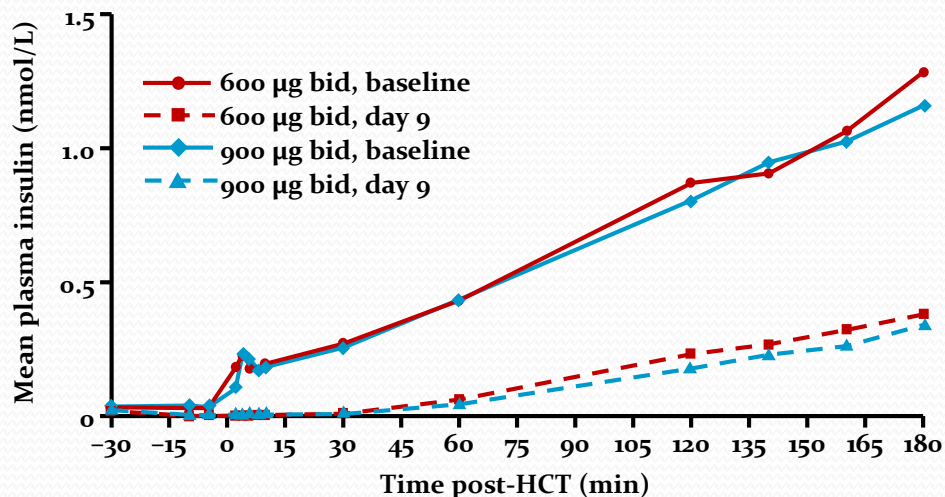
$AUC_{0-30min}$ ,  $AUC_{30-180min}$  e  $AUC_{0-180min}$  significativamente più basse al giorno 8 che al baseline nel gruppo 900 µg



## GIP

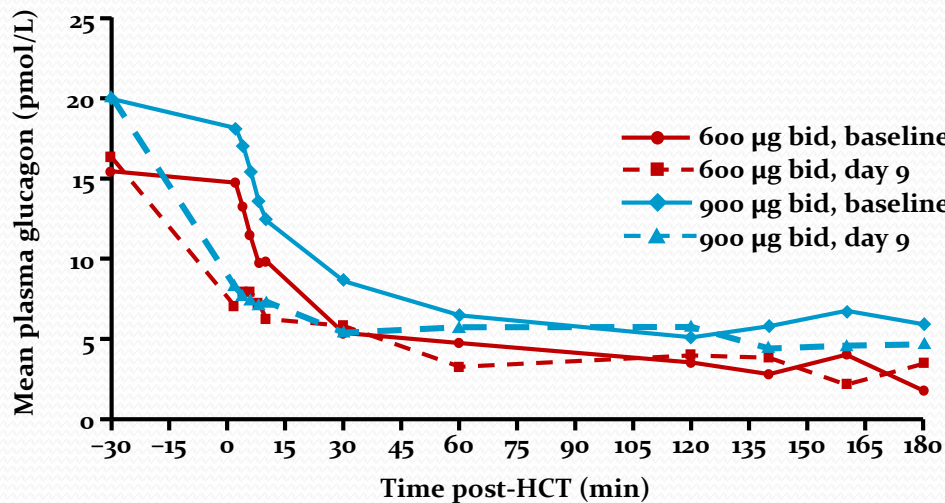
$AUC_{0-30min}$ ,  $AUC_{30-180min}$  e  $AUC_{0-180min}$  significativamente più basse al giorno 8 che al baseline in entrambi i gruppi

# HCT: Il pasireotide riduce l'insulina plasmatica con minimi cambiamenti nel glucagone plasmatico



## Insulina

Riduzione in  $AUC_{0-10min}$ ,  $AUC_{10-180min}$  e  $AUC_{0-180min}$  tra baseline e il giorno 9 significative in entrambi i gruppi ( $P < 0.001$ )



## Glucagone

Minimi effetti del pasireotide sulla secrezione di glucagone

# HECT: Il pasireotide non altera l'insulino-sensibilità

■ Pasireotide 600 µg bid

## I meccanismi dell'iperglicemia associata al pasireotide sono correlati a:

- Riduzione della secrezione insulinica, come osservato in OGTT e HCT
- Riduzione significativa della risposta incretinica, come osservato in OGTT e HGCT



## Il pasireotide non altera l'insulino-sensibilità

Baseline Day 10

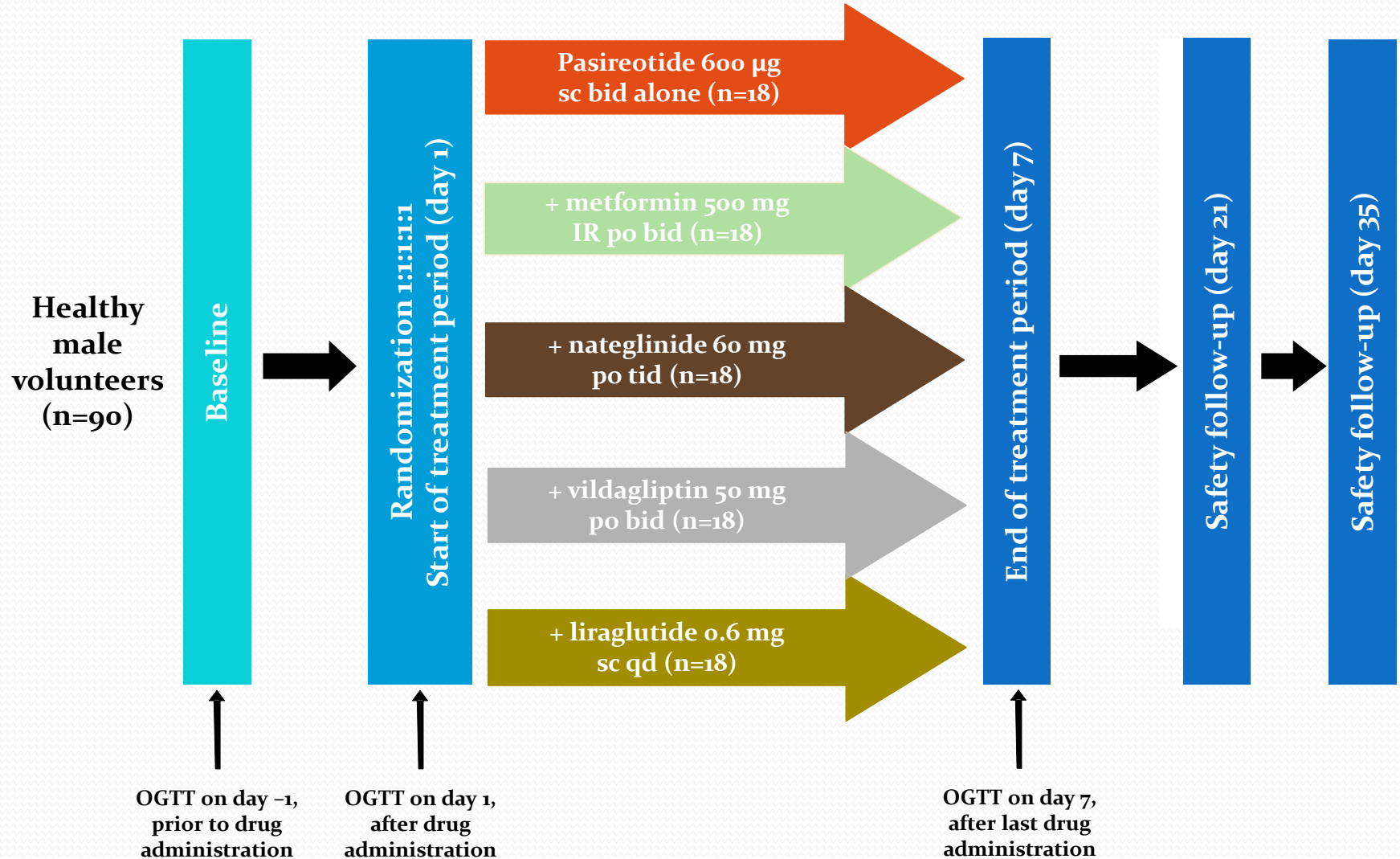
20 mU/m<sup>2</sup>/min

Baseline Day 10

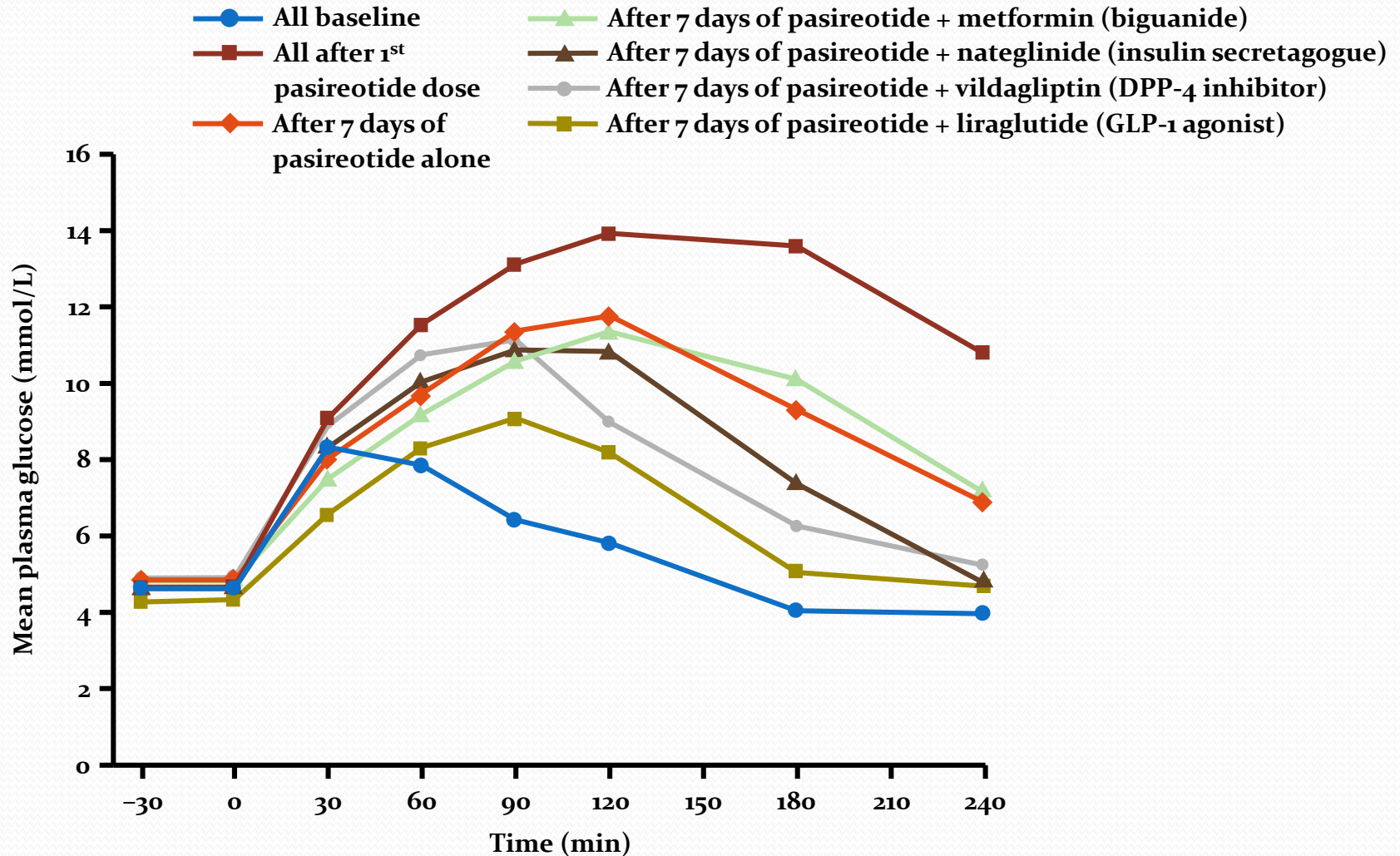
120 mU/m<sup>2</sup>/min

# SOM230B2124: Disegno di studio

## Management dell'iperglicemia



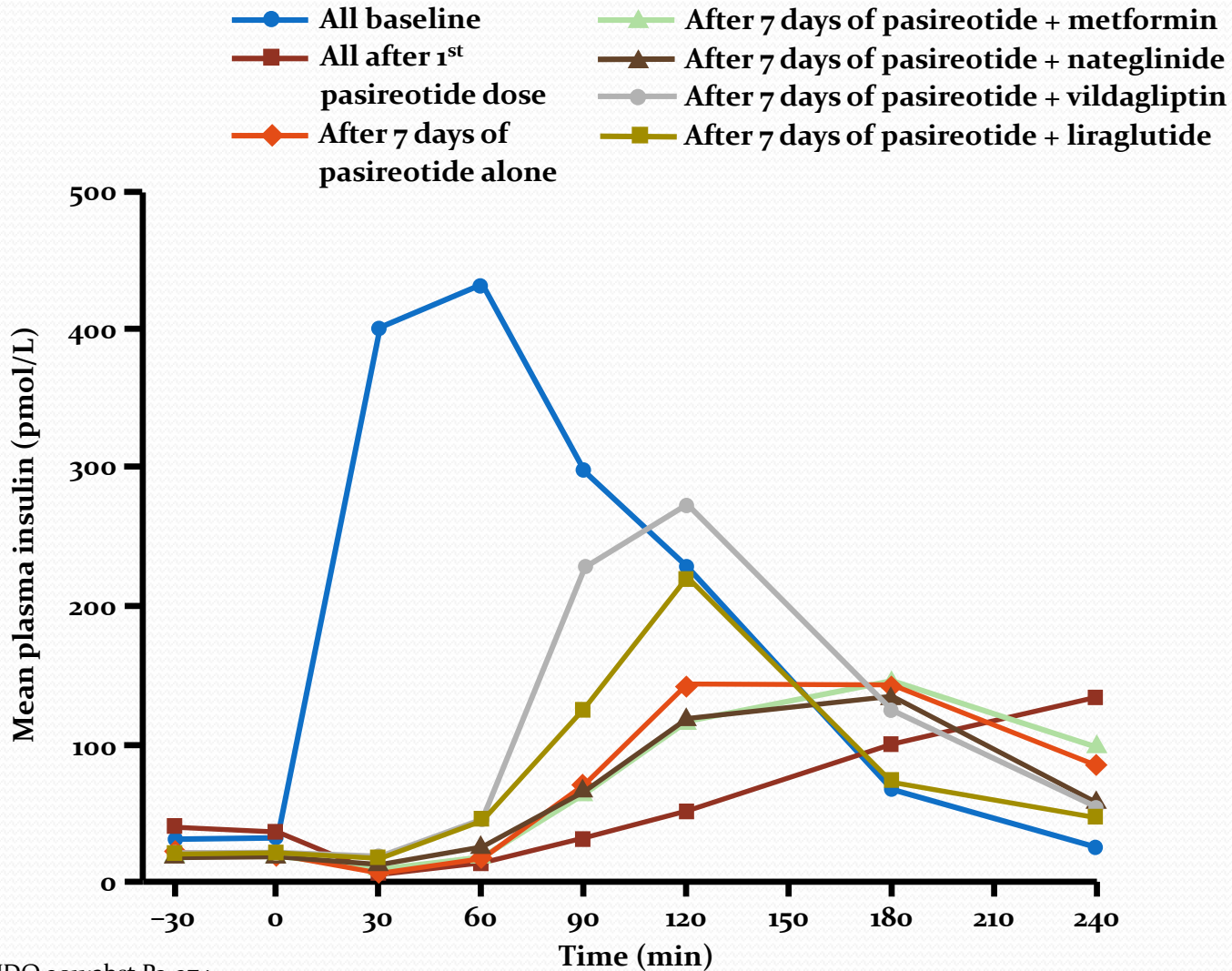
# Cambiamenti nei livelli glicemici durante OGTT



# AUC<sub>0-4h</sub> della glicemia

- La glicemia si riduce dopo 7 giorni di trattamento, rispetto al pasireotide da solo:
  - 29% con liraglutide  
(geometric mean ratio 0.71; 90% CI 0.66, 0.76)
  - 15% **CON** vildagliptin  
(geometric mean ratio 0.85; 90% CI 0.79, 0.91)
  - 10% **CON** nateglinide  
(geometric mean ratio 0.90; 90% CI 0.83, 0.96)
  - 2% **CON** metformina  
(geometric mean ratio 0.98; 90% CI 0.91, 1.05)

# Cambiamenti nei livelli insulinici durante OGTT



# AUC<sub>0-4h</sub> di insulina sierica

- L'insulina sierica dopo 7 giorni di trattamento, rispetto al pasireotide da solo:
  - 71% con vildagliptin  
(geometric mean ratio 1.71; 90% CI 1.22, 2.40)

**Agonisti del GLP-1 ed inibitori del DPP-4 sembrano essere i farmaci più efficaci nel miglioramento dell'iperglicemia associata al trattamento con pasireotide**

- 6% con metformin  
(geometric mean ratio 1.06; 90% CI 0.82, 1.36)
- 3% con nateglinide  
(geometric mean ratio 1.03; 90% CI 0.80, 1.32)

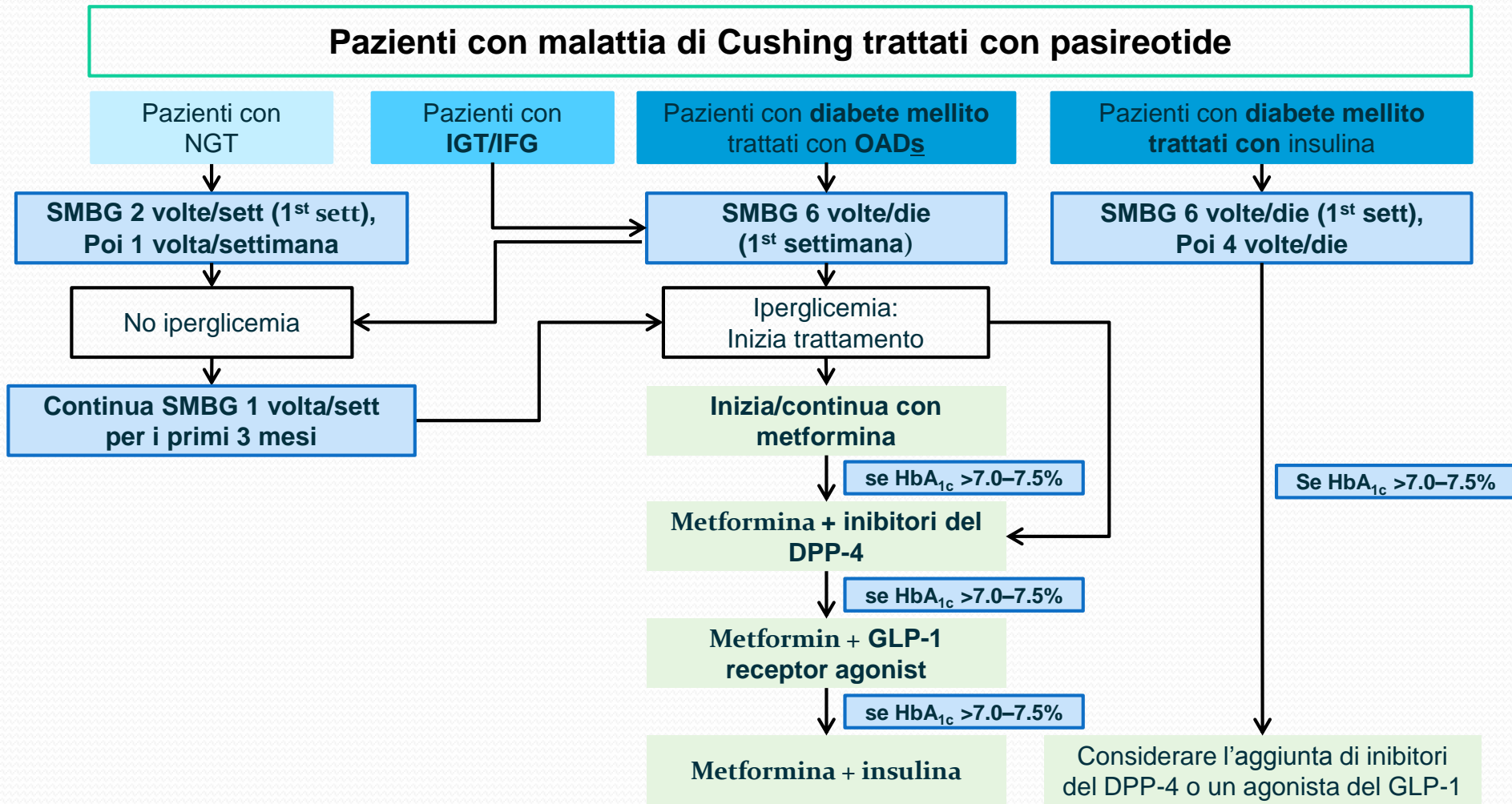


## SOM230B2124: Sicurezza/tollerabilità

Eventi avversi si osservano più frequentemente che con il pasireotide da solo

Liraglutide	Nateglinide	Metfomina	Vildagliptin
Appetito ridotto (38.9%)	Nausea (83.3%)	Diarrea (77.8%)	Distensione addominale (22.2%)
<b>Globalmente, AEs sono stati coerenti con il profilo di sicurezza del pasireotide e dei farmaci antidiabetici utilizzati</b>			
Fatica (22.2%)	Ipoglicemia (66.7%)		
Mal di testa (27.8%)			
Colestasi SAE (5.6%)			

# Raccomandazioni dell'advisory board europeo per la gestione dell'iperglicemia da pasireotide in pz con malattia di Cushing



# Hyperglycemia Key Message Flow to Address Customer Information Need

## Physicians Questions

*Who* is more likely to develop hyperglycemia?

*When* is it likely to occur?

*Why* does it happen?

*What* steps do I need to take to manage it?

## Key Messages

- Patients with prediabetes and diabetes mellitus at baseline had a greater risk for increased glucose and HbA<sub>1c</sub> levels
- Hyperglycemia may appear shortly after treatment initiation
- Pasireotide reduces insulin secretion without affecting insulin sensitivity
- Correct management of hyperglycemia should include:
  - Regular monitoring of blood glucose levels
  - Proactive approach of an antidiabetic treatment initiation or adjustment
- Primary medical therapy might include\*
  - DPP-IV inhibitors (eg, vildagliptin)
  - GLP-1 agonists (eg, liraglutide)
  - Insulin secretagogues (eg, nateglinide) secondary option

\*Following current treatment guidelines

# Summary: Pasireotide safety profile

- Safety of pasireotide was similar to that of other somatostatin analogues, except for the degree of hyperglycemia
  - Most frequently reported AEs were gastrointestinal
  - 11.7% of patients had  $\geq 1$  serious AE suspected to be study drug related
- As expected with an effective treatment for Cushing's disease, some patients (8%) experienced hypocortisolism
  - Responded to dose reduction and/or temporary corticosteroid substitution
- 72.8% of patients had at least one hyperglycemia-related AE
  - 6% of patients discontinued treatment because of a hyperglycemia-related AE during the core study
- No new safety issues were identified up to the 24-month data cut-off
  - No deaths were reported during the entire study

# Summary: Mechanism and management of hyperglycemia

- The mechanisms of hyperglycemia seen with pasireotide sc at doses of 600 and 900 µg bid are related to:
  - Decreases in insulin secretion, as observed following OGTT and HGCT
  - Significantly decreased incretin response, as observed following OGTT and HGCT
- Pasireotide does not affect insulin sensitivity
- GLP-1 agonists and DPP-4 inhibitors appear to be the most effective drugs for ameliorating hyperglycemia associated with pasireotide treatment
- Despite a lack of efficacy in healthy volunteers, metformin may provide clinical benefit in patients with Cushing's disease who often present with underlying insulin resistance and  $\beta$ -cell dysfunction
- Hyperglycemia during treatment with pasireotide may be effectively managed by early intervention and regular (self-) monitoring of blood glucose levels